



**MOUNTAIN WEST OUTDOOR CLUB NEWSLETTER**  
**AUGUST, 2023**

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*Editor's note:* Thanks to everyone who provides photos of members, activities, and just plain funny stuff! Please keep sending those things! Especially photos of current hikes!

Send to: [jawolf05@msn.com](mailto:jawolf05@msn.com)

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*PHOTO CAPTION:* San Francisco CA, 06/28/23.

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## **MWOC AUGUST MEETING, Monday August 7, 6:00 PM**

**The pavilion in Kristin Armstrong Municipal Park, 500 S Walnut St, Boise**

It's time for another delightful, languorous summer potluck dinner! There will be a brief administrative meeting at 5:30 PM at which interested parties are welcome. Topics include final preparations for the annual picnic in September and the question of memorial donations for deceased members (see also below), as well as the usual budget and membership reports. The potluck dinner begins at 6:00 PM. Bring a dish to share, and drinks and a place setting for yourself. No alcohol is allowed in Municipal Park. There are no speakers at our summer meetings.

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## **UPCOMING MWOC EVENTS**

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### **NATURE'S BOUNTY: Opportunity to pick your own apricots!**

Ilse Schreiner sent out an invitation four days ago for interested persons to pick apricots from her orchard. Give her a call if you want some of that!

**"Any time in the next week.** Are you interested in fresh ripe apricots? My trees outdid themselves this year! I have thousands of small apricots to pick! I would love to have you come over and pick some for yourselves. Pick a gallon or more if you like. We bought a new orchard ladder this year. It is very stable and secure. Text me at 208-929-5755 when you would like to come so I can let you know if we will be home then.

Ilse Schreiner"

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**NEIGHBORHOOD BLOCK PARTY, SUNDAY AUGUST 6, 4:00-6:00 PM**

**Rod Haars & Laura Jenki, 3344 E Red Stone Dr, Boise**

"Two hours of live music, snacks, drinks (alcoholic and not), cake, and ice cream! Please come help us party with friends and neighbors.

Music by Lauren and the Nostalgics, sweets from Pastry Perfection, and ice cream from Stella's. Yes, it will be hot -- it's August! -- but there will be tents, misting fans, and chairs in the shade.

Children and guests are welcome. The RSVP window closed on July 23 but you might contact the hosts if you still want to come. Maybe you could just dance and BYOB.

The easiest route to the party is to go out Warm Springs Avenue from downtown Boise. Turn left (north) at the stoplight at Windsong Dr (just past the golf course) and stay on Windsong until it T-intersects at Trent Point Dr. Turn right and, two streets later, turn right onto Red Stone Dr. We're the first house on the right (ivory-colored ranch with light green trim and red brick). There's parking on the streets, but we encourage car-pooling as a courtesy to our neighbors."

Laura Jenki

email [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com)

cell 208-860-9477

{*Editorial comment:* Take it easy! You know how wild Rod and Laura can get.}



## **ALASKA CRUISE, Wednesday August 23, Vancouver BC**

We have about 12 cabins. Please note the contact person at Princess has changed. Also, if you would like to go and prefer having a roommate, please contact me. I might be able to make suggestions.

Princess 7-day cruise plus 5-night land tour, leaving Vancouver on August 23, 2023. Late August to early September allows for the possibility of seeing the Northern Lights as well as wildlife before they hibernate AND the kids are back in school. The cruise is a voyage of the glaciers with several stops along the way. Land travel is done by rail to two different Denali area lodges. The tours are guided, with lodging and meals included. Princess has a program that includes Naturalist and Park Rangers for a more educational experience.

Check out full details here: <https://www.princess.com/cruise-search/details/?voyageCode=H326&resType=T&tourCode=T3APA5&fareType=BESTFARE>

Questions about the cruise can be directed to Mike McKeen with Princess Cruise. His number is 1-800-901-1172, ext. 21775. Give my name and Mountain West Outdoor Club. We will get additional onboard credit for scheduling as a group. His email is [mmckeen@princesscruises.com](mailto:mmckeen@princesscruises.com). Please reserve through Mike. There is no additional cost but will increase our discounts.

Also, you can email or call me, [cheriworsley@gmail.com](mailto:cheriworsley@gmail.com), 208-870-7444. I will maintain a separate email list rather than sending to all MWOC members.



### **PADDLE THE MEANDERS IN McCALL, Thursday August 24**

The "Meanders" is not a cow disease but rather a lovely, placid section of the Payette River, just north of Payette Lake near McCall. The river is cool and often shaded, so August is the perfect time to kayak or SUP it.

Meet at 9:45 AM sharp in the parking lot off Warren Wagon Rd. (Contact Liz for directions to the parking lot. It's about seven miles north of the intersection of Highway 55 with Warren Wagon Road in McCall.) Kayaks/Canoes/SUPs are available to rent (cash only) at Backwoods Adventures, 208-469-9067, no reservations. We will paddle upstream from Payette Lake for about an hour, take a lunch stop, then return about one hour or more. BYO lunch, beverage, sunscreen, etc. There are no rapids, but participants must have some experience. The drive from Boise takes about 2.5 hours plus 30 minutes down Warren Wagon Road. Rentals can be busy; we will leave promptly. Contact Liz McWhorter at 208-891-0426, [LIZBETH83703@YAHOO.COM](mailto:LIZBETH83703@YAHOO.COM).



### **MWOC ANNUAL PICNIC, Monday September 11, 2023**

If you attended one of these in the past, you'll know it's lots of fun! There are a delicious catered meal, games, and prizes. **Volunteers are needed now** for the food committee and the prize committee. Please contact the coordinator, Janette Young, if you're interested.

For September only, the monthly meeting / annual picnic will be held on the second Monday, September 11. The first Monday in September is Labor Day. Despite numerous inquiries, I cannot tell if Cheri Worsley will return from Alaska in time to reprise her Hawaiian hula outfit.

Janette Young, [janettey99@gmail.com](mailto:janettey99@gmail.com)



### **EMPIRE STATE TRAIL BIKE TOUR, JUNE 2-7, 2024**

"We'll start our tour at Battery Park in Manhattan and finish in Albany NY. We'll bike 200 miles of the trail, covering 28-47 miles each day. Along the route, we'll see all manner of scenery! The trail is a mix of paved bike path, rail trails, and quiet roads. At Albany we'll turn in our bikes and return to the City by train.

[Discovery Bicycle Tours](#) is putting together our tour. The package includes 5 nights lodging and most meals, a guided bike tour of Manhattan, detailed maps and itineraries. We'll have full van support – **PLUS** the use of a bike and a helmet. To learn more information about the tour, go to: [Empire State Trail](#).

**COST.** The cost of the tour is \$2895 (more for single occupancy). Airfare is not included. A \$500 deposit is required to reserve a spot. The deposit is refundable up to 60 days before the tour begins (which is the same day the final payment is due). We'll have a private tour *if* 10 people sign up *and* we will receive a 10% discount that will be refunded at the end of the tour.

**Planning.** We are planning to stay in Manhattan the night before the tour. A list of hotels in the Battery Park area will be available when we have the list of participants. Of course, you can spend time before or after the tour in the City on your own."

## Come cycle with us!

1. Call Jane at (802) 457-3553 today to register. Tell her you are with Mountain West Empire State Tour with Peggy and Judy as contacts.
2. Then **text** Peggy Killen, (208) 484-7946, or **email** Judy Farnsworth, [jfarnsw@me.com](mailto:jfarnsw@me.com), to tell us you've signed-on!!



## CROSS CANADA BIKE TOUR, 2025

MWOC member, Fran Wolfe, suggested this event. It is not an MWOC-sponsored event and has not been vetted, but it sounds pretty interesting for a certain kind of person. A dedicated biker, for sure. CCCTS is Cross Canada Cycle Tour Society, [CCCTS.ORG](http://CCCTS.ORG) (not to be confused with CCTS, Close Combat Training System, LOL).

Here are some preliminary details on a potential Cross Canada 2025 tour:

- **Timeframe** – About 3 months or 90 days over the summer,
- **Route** – Begin in Victoria, B.C. and end in St. Johns, Newfoundland,
- **Daily Distances** – Average about 90 to 120 kilometers, but there could be a few days that are longer and days that are shorter,
- **Cost** – Cost of the tour is unknown at this early stage but a rough estimate is \$8,000 to \$10,000 CAD per person. Efforts will be made to economize whenever possible but without sacrificing comfort.
- **Group Size** – Minimum 16, maximum 24,
- **Method of Travel** – Follow the “CCCTS camping system”, which involves renting a truck to carry gear and for emergencies, group cooking in teams, using CCCTS camping equipment, etc.,
- **Camping vs. Motels** – Camp about 5 nights per week and stay in motels about 2 nights per week or possibly sometimes 3 nights a week,



- **Rest Days** – Rest days, averaging 1 day per week, usually following the first night in the motel,
- **Food/Meals** – This tour will eat well. All tour members will serve on a cook team, and each team will cook approximately 1 day per week. There will be plenty of nutritious and delicious food provided as part of the tour (no scrimping on the food budget) for 3 meals per day plus snacks, except for layover days when tour members will have the opportunity to eat out.
- **Driver** – Hire a dedicated driver so tour members can ride the entire distance.
- **E-Bikes** – E-bikes welcome, since we will use campgrounds set up for power plug-ins. Spare battery(ies) on the truck will be required,
- **Planning Committees** – All participants will be required to serve on one or more planning committees (e.g., Route, Accommodations, Safety, Equipment Management, Food)
- **Senior Advisory Committee** – A Senior Advisory Committee (SAC) will be formed with a few longtime club members who have led CCCTS camping trips and/or ridden the Cross Canada tour with our club. This committee will review and provide guidance on all aspects of planning for the tour.

Direct inquiries to Fran Wolfe at [FLYINGBYTHESOMP@GMAIL.COM](mailto:FLYINGBYTHESOMP@GMAIL.COM) or email the Tour Director, Robin Howe, at [ROBINCOOKSANDSEWS@GMAIL.COM](mailto:ROBINCOOKSANDSEWS@GMAIL.COM).

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## MISCELLANEOUS BUSINESS

The image displays the ACHD Bike Map interface. On the left is a map of Meridian, Idaho, showing a network of bicycle routes in green and blue. On the right is a promotional graphic for the 'Bicycle Facilities Network' by the Ada County Highway District. It includes the ACHD logo, the text 'BIKE MAP', a bicycle icon, a QR code, and the text 'SCAN ME with camera to access mobile and tablet versions!'.

### ACHD Launches Interactive Online Bicycle Map

Bicyclists can now access the Ada County Highway District Bicycle Map. It shows the bicycle network throughout Ada County as well as public amenities and features including bike shops, libraries, hospitals, schools, and parks. The map is color-coded to show the level of comfort of each route. Users can learn more about each type of bicycle facility through a link on the map. The map also features different layers, including satellite imagery, topography, terrain, and more to help bicyclists navigate the network.

The online version allows users to access the bike map from anywhere, and also provides a place for users to report incidents along the road, such as debris, cars, or other obstructions in a bikeway.

The updated Ada County Bike Map is available on ACHD's website, [achdidaho.org](http://achdidaho.org). Physical copies of ACHD's Official Bike Map can be requested at (208) 387-6100.

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## UPCOMING ELECTION OF MWOC OFFICERS

As you may remember, MWOC transitioned to a system in which we elect half our officers every year. The new system provides continuity in that the new, incoming officers will overlap with half of the old, outgoing officers.

In December, we'll hold an election to replace the Vice President (currently Judy Farnsworth), the Membership chairperson (currently Claire Veseth), and the Communications chairperson (currently Jim Wolf). So far as I know, none of the incumbents are seeking re-election. Please contact one of the current officers if you have questions or would be interested in one of these positions.

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Members are invited to **update their MWOC profiles** to insure accurate information, including phone numbers for emergencies.

You can always change your contact information (Profile) in the Member Directory by going to the club website, [www.mwocid.org](http://www.mwocid.org), logging in with your email and password, and clicking on your name in the upper left hand.

Don't know your password? Click here to create/change your password for the MWOC website: <https://mountainwestoutdoorclub.wildapricot.org/Sys/ResetPasswordRequest>.

Please direct questions to Claire Veseth, Membership Chair, at [CBVESETH@GMAIL.COM](mailto:CBVESETH@GMAIL.COM).

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## CLUB EVENTS SINCE LAST NEWSLETTER

Thanks to everyone for sending current photos. There's a LOT that goes on between newsletters. Keep those emails and photos coming! (Email addresses at end of newsletter.)

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*Boise Unitarian  
Universalist Fellowship*

It is with a heavy heart that we share with you the sad news of the death of beloved, long-time member,

***Sue Stadler***

She died surrounded by family members sharing stories and holding her hand until the end.

Notes of sympathy may be sent to her family at Sue's address:  
2790 Lake Harbor Ln.  
Boise, ID 83703



We don't often publish obituaries of MWOC members. In this case, past-president Mike Fritz sent us a heartfelt letter about Sue's illness and subsequent death. Mike has his own share of health issues so it was poignant. Rather than recognize each member's passing, we're considering a memorial at the end of each year. Discussion to follow soon.

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### **MWOC INDEPENDENCE DAY PICNIC & FIREWORKS, July 4th**

Tom & Cheri Worsley hosted a gracious, relaxed event featuring food, libations, yard games, and plenty of good conversation, followed by fireworks at nearby Ann Morrison park. The photos attest that the attendees weren't suffering in the least.

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### **HONORABLE MENTIONS**

While most of us are covering on our couches to escape the heat, a few intrepid MWOC explorers are out having adventures.



Steve Benner, Betsy Graham, Judy Farnsworth, and Tom & Jean Weingartner rode the Mickelson Bike Trail in South Dakota.

Mary Brown, ever audacious, camped at Bogus Basin overnight to see the aurora borealis. No aurora, I am told, but a nice camp and hike.



Deb Rose spent a week bike-camping in McCall. Ride in the morning, swim in the afternoon. Seems pretty idyllic, ya?

## RECURRING MONTHLY EVENTS

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Tuesday hikers visited Lydle Gulch, Corrals Trail, Reid Merrell Park, and Bogus Basin. The Reid Merrell hikers were rewarded with a swim in the Schwartz's pool afterward.

{photo is Tuesday hike Corrals last month. No Tuesday photos from July, sorry.}



Wednesday hikers visited Bogus Basin (twice), Stack Rock, and Avimor. One of the Bogus hikes included lunch at Wendell & Janette's new mountain condo.

Thursday hikers visited the Greenbelt (twice) and Lake Harbor. Lake Harbor hikers were treated to boating as well.



Kayakers visited Robie Creek.

Friday bikers visited Surprise Valley, Eagle / Guerber Park, Lucky Peak Dam, and Camel's Back Park. Guerber Park is especially nice with cool shade and a splash-pad.



Thursday Afternoon Nordic Ski/Snowshoe group stopped meeting due to lack of snow. They will resume in January.

The good news: no lift lines this month!





"When I was young, I was called a rugged individualist.

When I was in my fifties, I was considered eccentric.

Here I am doing and saying the same things I did then, and I'm labeled senile."

- George Burns

## MISCELLANEOUS PHOTOS

*Above:* Bright warm sunshine, cool water, and a good bike. What more is there to life? Oh, and beer!

*Middle left:* Governor Little announces dyslexia initiative.

*Middle right:* Independence Day!

*Below:* Let's just stick with "rugged individualist".

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## CLUB ACTIVITIES

**MONTHLY MEETINGS** are held on the first Monday of each month. Winter meetings (October thru April) take place at Idaho Fish & Game Headquarters, 600 S Walnut St, Boise. Enter by the southeast doorway, not the main entrance. There should be a club member at the door. Summer meetings (May thru September) take place nearby at the pavilion in Kristin Armstrong Municipal Park, 500 S Walnut St, Boise. Summer meetings are a potluck dinner -- BYO drinks, place setting, and a dish to share. No alcohol is allowed in Municipal Park.

**TUESDAY HIKES** email announcements are sent each week with location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. If you have questions, contact Pat Dailey, 208-272-0639.

**WEDNESDAY HIKES** email announcements are sent each week with location and time. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition

because of significant elevation gain and/or increased mileage. If you have questions, contact Scott Stolhand, 208-891-2214.

**THURSDAY CASUAL HIKES** email announcements are sent each week with location and time. Hikes are slower-paced, less than two hours, and involve minimal elevation gain/loss. If you have questions contact Liz McWhorter, 208-891-0426.

**THURSDAY SKI GROUP** has finished until next January.

**KAYAK GROUP** occurs (mostly) weekly. If you are interested in kayaking, please contact Francesco Satta ([capitanosatta@yahoo.com](mailto:capitanosatta@yahoo.com)).

**FRIDAY BIKING GROUP** email announcements are sent each week with location and time. Rides are moderately-paced with no drastic elevation changes, and almost all are pavement rides. No one will be left behind. Rides last 2-3 hours and often conclude with a coffee stop. If you have questions, please contact Greg Farmer, 208-908-8124.

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## General Announcements

**EMAILS** Local mid-week activities (hikes, paddles, bike-rides, etc.) are announced through Wild Apricot emails. If you have questions about sending or receiving e-mails, please contact Jim Wolf at [jawolf05@msn.com](mailto:jawolf05@msn.com).

Planning or thinking of an excursion where you would like to invite like-minded souls? Any officer will help you post an email. For inclusion in this monthly newsletter send details to [jawolf05@msn.com](mailto:jawolf05@msn.com).

**MWOC WEBSITE** You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, and

## MWOC officers

**Greg Farmer,**  
President [remraf@rocketmail.com](mailto:remraf@rocketmail.com) 208-908-8124

**Judy Farnsworth,** Vice  
President [jfarnsw@me.com](mailto:jfarnsw@me.com) 208-344-7973

**Laura**  
**Jenski,** Treasurer [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com) 208-860-9477

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**Claire**  
**Veseth,** Membership [cbveseth@gmail.com](mailto:cbveseth@gmail.com) 208-301-3841

Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).

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