



**Mountain West Outdoor Club Newsletter**  
**October, 2022**

"Fall is here with its brisk, exhilarating air.

{Lovely} girls wear boots and jackets with a distinctive flair.

It's fun to pick a pumpkin, and rake a big pile of leaves.

But one good thing for the frugal, is no need for heat or AC.

"Images of Fall" by Brenda McGrath

---

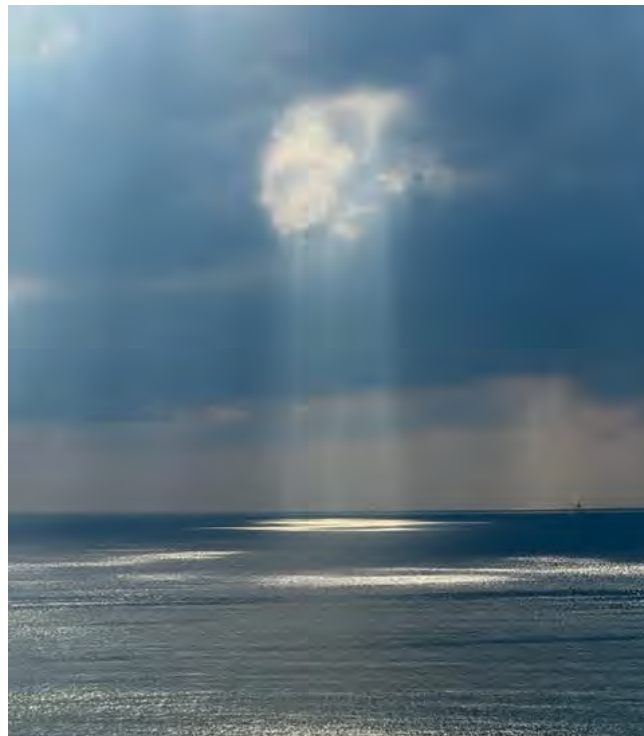
PHOTO CAPTION: Always gotta' have a plan.

---

**MWOC Potluck Dinner, Monday, September 5, Labor Day!**

I confess that I did not attend, preferring to breathe the smoke of many fires in McCall. I have no report of it, and received no photos. We trust it went well. It's a little sad, the last 2022 Potluck meeting! We'll have to feed ourselves until Spring.

---



**MWOC OCTOBER MEETING, Monday, Oct 3, 7:00 PM**

**Idaho Fish & Game Headquarters, 600 S Walnut, Boise**

Note that the time is later than our summer meetings because there will be no Potluck beforehand. Enter through the southeast door from the parking lot, not through the main entrance.

What comes to mind when you think of the sea? Perhaps John Masefield's poem, *Sea-Fever*:

*"I must go down to the seas again, to the lonely sea and the sky..."*

Or perhaps you think of the expanse of the ocean, or the last time you visited the coast. [Or of Hurricane Ian.]

Our October program speaker, our own Tom Weingartner, spent his entire career studying the oceans. He'll introduce us to the sea, bring it to life, and tell us stories of its cycles, its inhabitants, its adventure.

Tom taught at the College of Fisheries and Ocean Sciences, Institute of Marine Science, University of Alaska in Fairbanks. He has a webpage – <https://uaf.edu/cfos/people/faculty/detail/thomas-weingartner.php>.

As always, don't attend if you're feeling ill. Masks are optional.

---

## UPCOMING MWOC EVENTS

---



## **RAKE UP BOISE!!!**

**Saturday, November 12 (save the date, details TBA)**

Mary Brown ([brownmeb@gmail.com](mailto:brownmeb@gmail.com)) will lead the MWOC team again this year. It's a wonderful opportunity to show community spirit and help our neighbors who can't rake their own yards. Look for sign-up and more details in the next few weeks.

---



### **ALASKA CRUISE, Weds August 23 2023, Vancouver BC**

"Taking an Alaska cruise has been on my bucket list for awhile. I'm hoping it is of interest to you too. I think traveling as a group would be a blast. Please contact {Cheri Worsley} if you are interested. You may also contact Brian, the trip planner with Princess Cruise Lines.

Princess 7-day cruise plus 5 night land tour, leaving Vancouver on August 23, 2023. Late August to Sept. allows for the possibility of seeing the Northern Lights as well as wildlife before they go to hibernate AND the kids are back in school. The cruise is a voyage of the glaciers with several stops along the way. Land travel is done by rail to two different Denali area lodges. The tours are guided with lodging and meals included. Princess has a program that includes Naturalist and Park Rangers for a more educational experience.

Check out full details here: <https://www.princess.com/cruise-search/details/?voyageCode=H326&resType=T&tourCode=T3APA5&fareType=BESTFARE>

There are many different options with prices starting about \$2000 per person, double occupancy. It is also possible to only do the cruise without the land portion that starts about \$650 but will not count towards a group discount. I'm planning on getting a package that includes the tips, some drinks, and wifi. The current promotions allow for only a \$100 refundable deposit so the risk is small. I recommend you reserve a cabin now if there is any interest at all. We may be able to set up special group excursions depending on the number.

Questions about the cruise can be directed to Brian with Princess Cruise. His number is 800-901-1172 ext 41057. Give my name and Mountain West Outdoor Club. We will get



additional onboard credit if we schedule at least 5 cabins. His email is [bmeece@princesscruises.com](mailto:bmeece@princesscruises.com). Please reserve through Brian. There is no additional cost but will increase our discounts.

Also, you can call or email me [cheriworsley@gmail.com](mailto:cheriworsley@gmail.com) 208-870-7444. I will maintain a separate email list rather than sending to all MWOC members

---

## UPCOMING NON-MWOC EVENTS

The list is not comprehensive. These are just the ones that came across my desk. If you're attending one, or perhaps one not listed here, why not announce it and get some MWOC friends to come along?

---

**IDAHO TRAILS ASSOCIATION** will hold several events in October, all intended to benefit the charitable cause. Details and sign-up can be found on their website ([idahotrailsassociation.org](http://idahotrailsassociation.org)) :

- **Corn Hole Tournament**, Tuesday Oct 4, 5:30 PM, at Lost Grove Brewery.
- **Year-end Volunteer Party**, Wednesday Oct 5, 5:30-9:00 PM, at Green Acres Food Truck Park. (I think it's on the Greenbelt near Payette Brewery.) Food and drink will be available for purchase. They invite you to RSVP online to receive an extra entry in the door prize drawing. I have the impression that it's open to anyone, not just volunteers, although they might hit you up for a membership, etc.
- **ITA Wine Benefit**, Tuesday Nov 1, 5:00-8:00 PM, at Split Rail Winery in Garden City.

---

**Boise Public Radio Wine Event**, Thursday Oct 6, 6:00-9:00 PM, at Coiled Wines in Garden City.

---

**SIERRA CLUB SALMON DINNER**, Saturday Oct 15, 3:30-6:00 PM, at Kristin Armstrong Municipal Park. This event reminds me of the salmon dinners that used to be held in Municipal Park every Autumn. There will be a guest speaker, Rocky Barker, a journalist and salmon advocate. Tickets must be purchased in advance on their website by October 6, \$10/adult. Come on out and eat some salmon to save the salmon.

---

## **CLUB EVENTS SINCE LAST NEWSLETTER**

Thanks to everyone for sending current photos. There's a LOT that goes on between newsletters. Keep those emails and photos coming! (Email addresses at end of newsletter.)





### **CROOKED RIVER HIKE, Friday Sept 30**

This annual event is a few hours drive from Boise, just north of Idaho City and the Whoop-Em-Up trail area. Led by the energetic Ruth Garcia, the company splits into faster and slower hiking groups to proceed along the river before returning to the cars. It is a great favorite, often followed by dinner in Idaho City.

---

### **Lava Hot Springs, Monday Sept 26**

The four day trip was led by Peggy Belau. I have no stories or photos from the trip as yet. But you know, if Peggy was involved, there had to be some vigorous parts!

---





### **BIKEPACKING ON THE GAP AND C&O TRAILS, September 14-24**

The trip was an epic bike tour from Pittsburg to Washington DC, led by Judy Farnsworth. [I am absolutely green with envy that I couldn't go myself.] I'm confident that we'll have some good stories and more photos at one of our

monthly meetings. Unhappily, the tour was decimated by a Covid outbreak so that not everyone could finish.

On a related note, check out this link to "A Love Letter to Bike Touring the C&O Canal Towpath", written by Andy Karr recently in The Radavist.

<https://theradavist.com/bike-touring-co-canal-towpath/>

---



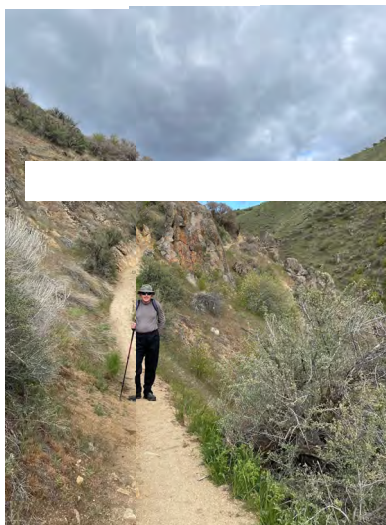


**RENAISSANCE MAN** and MWOC member, Mickey Myhre, has featured in several NPR news segments recently. He is an amateur mycologist (mushroom expert) commenting on the deadly Amanita mushrooms that are appearing along Harrison Boulevard. He operates one of the only DNA facilities to identify mushrooms in the Pacific Northwest; does that count as "amateur"? He has directed his attention recently to the serious task of catching fish who would, no doubt, prefer that he went back to mushrooms.

---

Tuesday hikers visited Bogus Basin, Highland Valley Trail, Bob's Trail, and the Snake River Canyon.

According to the grapevine, tour leader Ilse Schreiner saved her group from an enormous snake.



Wednesday hikers visited the Military Reserve (twice), Hidden Springs, and Scott's Trail along the Oregon Trail.

Hike leader Dave Horsley refers to the latter hike as "Legend of the Fall" because of an unfortunate event in the past.



We had a fun moment in Military Reserve when we shared chocolate with a Boise Hiker Chicks group who happened along.

Thursday hikers visited Camel's Back and Military Reserve.

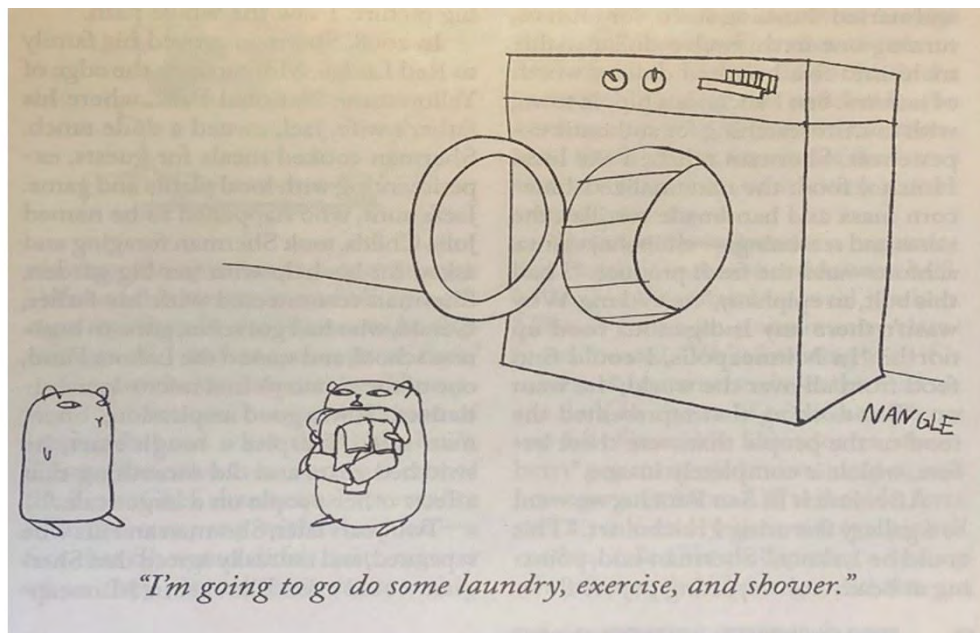
Thursday hikes are reviving after the heat wave. Can someone step up to help Liz McWhorter lead some hikes?



Kayakers visited Lake Harbor (several times) and CJ Strike reservoir.

Kudos to Liz McWhorter for offering a beginner kayak session.





**PARTING SHOT:** I'm sorry but I think this is just hilarious. It's from the New Yorker. Don't try this at home.

---

## CLUB ACTIVITIES

**MONTHLY MEETINGS** are held on the first Monday of the month at the Idaho Fish & Game Headquarters, 600 S Walnut, in Boise. Potluck dinners are suspended until Spring.

**TUESDAY HIKES** email announcements are sent each week with location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. If you have questions, contact Pat Dailey, 208-272-0639.

**WEDNESDAY HIKES** email announcements are sent each week with location and time. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. If you have questions, contact Scott Stolhand, 208-891-2214.

**THURSDAY CASUAL HIKES** email announcements are sent each week with location and time. Hikes are slower-paced, less than two hours, and involve minimal elevation gain/loss. If you have questions contact Liz McWhorter, 208-891-0426.

**THURSDAY SKI GROUP** has finished until we have snow.

**KAYAK GROUPS** occur (mostly) weekly. If you are interested in kayaking, please contact Francesco Satta ([capitanosatta@yahoo.com](mailto:capitanosatta@yahoo.com)).

---

## General Announcements

**EMAILS** Local mid-week activities (hikes, paddles, bike-rides, etc.) are announced through Wild Apricot emails. If you have questions about sending or receiving e-mails, please contact Jim Wolf at [jawolf05@msn.com](mailto:jawolf05@msn.com).

Planning or thinking of an excursion where you would like to invite like-minded souls? Any officer will help you post an email. For inclusion in this monthly newsletter send details to [jawolf05@msn.com](mailto:jawolf05@msn.com).

**MWOC WEBSITE** You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).

## MWOC officers

**Wendell Martin,**  
President [wendellmartin2@aol.com](mailto:wendellmartin2@aol.com) 208-888-2858

**Judy Farnsworth,** Vice  
President [jfarnsw@me.com](mailto:jfarnsw@me.com) 208-344-7973

**Ruth Garcia,** Treasurer [ruthg1617@gmail.com](mailto:ruthg1617@gmail.com)

**Jim**  
**Wolf,** Communications [jawolf05@msn.com](mailto:jawolf05@msn.com) 208-860-2193

**Claire**  
**Veseth,** Membership [cbveseth@gmail.com](mailto:cbveseth@gmail.com) 208-301-3841

---

[Unsubscribe](#)