



Mountain West Outdoor Club Newsletter

June, 2022

If ever there were a spring day so perfect, so uplifted by a warm intermittent breeze that it made you want to throw open all the windows in the house and unlatch the door to the canary's cage, indeed rip the little door from its jamb, a day when the cool brick paths and the garden bursting with peonies seemed so etched in sunlight that you felt like taking a hammer to the glass paperweight on the living room table, releasing the inhabitants from their snow-covered cottage so they could

walk out, holding hands and squinting into this larger dome of blue and white, well today is just that kind of day.

"Today" by Billy Collins

PHOTO CAPTION: "Woman Rescued After Falling Headfirst Into Pit Toilet Trying to Retrieve Phone" *The Trek, April 29 2022*

Let that thing go, girl. People have died doing that. Also, your hair will never be the same.



Shortest MWOC Potluck Meeting on Record, Monday, May 2

Despite the date, the May potluck meeting was darned cold, resulting in the shortest outdoor potluck meeting on record. I think it was about 30-40 minutes. Nevertheless, fun was had, and business was conducted. Take-home information:

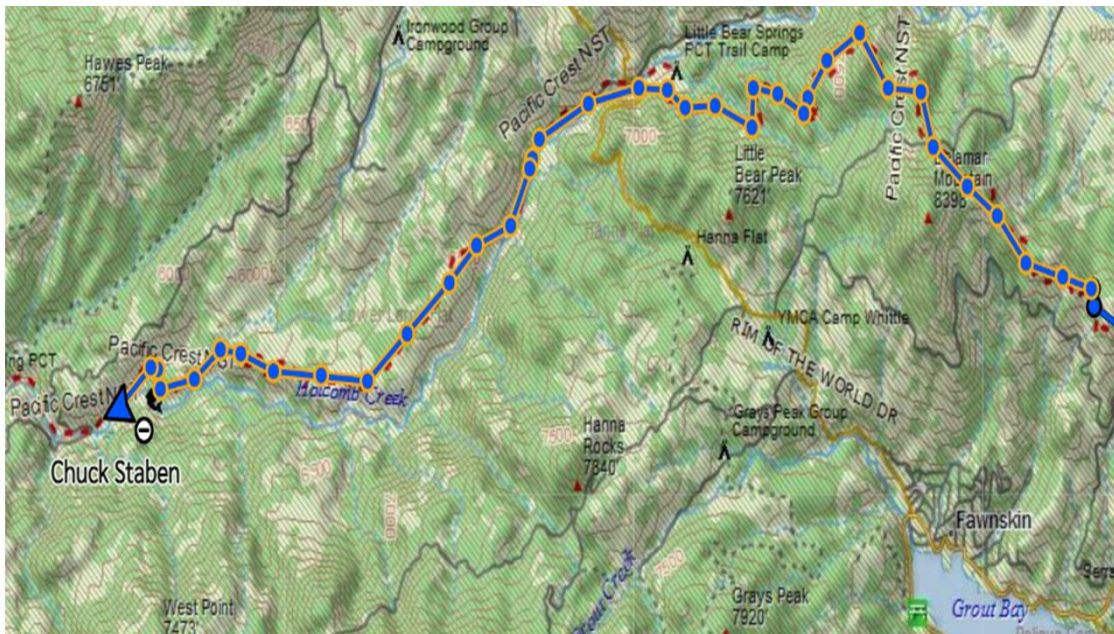
- Our thoughtful treasurer, Ruth Garcia, arranged to have all of this year's outdoor potluck meetings under the pavilion at Municipal Park, rather than at the nearby unroofed Willow area.
- After a review of city rules and vote of officers, we decided to continue alcohol-free monthly meetings.

- We agreed tentatively to move the July meeting to a different date because the first Monday falls on July 4. More information to come....

UPCOMING MWOC POTLUCK MEETING, MONDAY, JUNE 6, 6:00 PM

Meet under the pavilion at Kristin Armstrong Municipal Park in Boise. Bring food, just like in the old days, as well as your own beverage and place-setting. Alcohol is not allowed in the park. You may wish to bring an outdoors chair so we can spread out if it's not raining. There will be a brief Administrative meeting beforehand at 5:30 PM; interested parties are welcome to attend. There is no speaker at outdoor events. Hope to see you there!

Don't attend if you are unwell, unvaccinated, or unboosted. Thank you for looking out for yourself and others.



CHUCK STABEN HIKES THE PACIFIC CREST TRAIL!

MWOC's own Chuck Staben is hiking the PCT NOBO (north bound) at present, having started on May 11. He sustained a twisted ankle early on, limiting his mileage, but he appears to be recovering. Before starting, he estimated it would take 5-6 months to complete the hike, suggesting that he may or may not finish before the snow flies. Best wishes for smooth progress and happy adventures!

Chuck invites you to become a "dot watcher" and follow his daily progress.

"I carry a satellite communicator that reports my position every 10 minutes while it is on (usually I turn it off at night to conserve battery). This information is posted on my Facebook/Hiking page. It is also available on a Garmin password-protected

site <https://share.garmin.com/share/ChuckStaben> with the password PCT2022\$taben. I am also currently planning to post to a blog with the URL: [1xt-33{ { 2xempsvrepv2isq 3wefir3.](#) "



CAMPING TRIP TO HELPER UTAH, June 7-11

HELPER, UTAH. Never heard of it? It is a fun little town in the middle of Utah that has several things going for it that got my attention. Mainly, there is a lot to do! Hiking, fishing and biking plus several interesting museums. Also, there is a 45-mile drive through the "Nine Mile Canyon" that we could spend a day exploring. 3 days should cover the highlights then we can all take off in different directions on other adventures.

"The trip is still open to all. We have over 20 people signed up for hiking, biking, a day trip in "Nine Mile Canyon", museums, happy hours and lots of socializing. I'm working with Castle Gate RV Park for tent and RV sites and one remaining cabin.

Check it out and if you are interested give Bonnie Perri a call or text at 208-571-9885 or email her at BP.56@hotmail.com."



BACKPACKING EXTRAVAGANZA, JULY 12-17

"Looking for an adventure? One that stretches you?"

We're looking for three stalwart individuals to join us (Mary Brown and Judy Farnsworth) on a backpack on the South Fork of the Payette River into the Tenlake Basin.

Some caveats: At this point our itinerary is fluid. What we do know is that the itinerary is dependent on water crossings; there will be some cross-country trekking, in other words, bushwhacking, climbing over fallen trees, multiple stream and river crossings; we'll be breaking camp each morning in order to visit a variety of lakes, our backpack mileage will vary but will likely be 6-12 miles per day with additional day hiking/exploring; there maybe bears, and as always, beautiful scenery.

If you are interested, please contact either Mary Brown (208-340-3301) or Judy Farnsworth (208-334-7973)."

Note: The operative word is "stalwart". These are tough chicks. No walks in the park here.



MWOC ANNUAL PICNIC, MONDAY, AUGUST 1, MUNICIPAL PARK

The MWOC annual picnic will take place at the August meeting. Time and details will follow soon, but mark the date. For those new to the club, the annual picnic is lots of fun with games, raffles, and a catered meal. Arrangements are being made by the Picnic Committee. Please contact them if you have ideas or want to participate. Donations of goods or services are welcome in support of the raffle; examples might include hiking/camping gear, a weekend at your cabin, etc. Committee members are:

- Janette Young (Chairperson) 208-631-9192 janettey99@gmail.com
- Laura Jensi laura.jenski@gmail.com
- Jean and Tom Weingartner 907-388-2144 wein330@gmail.com
- Clarene and Jack Daly 208-447-9165 jacl Daly@hotmail.com
- Pat Dailey 208-272-0639 daileyg@ymail.com
- Gary and Shari Wright rejuvdesign@hotmail.com
- Arlene Haywood 208-957-5519 ahayboise@gmail.com

Artist, Andrea Kowch. Any resemblance to actual persons or goats is purely coincidental.

CLUB EVENTS SINCE LAST NEWSLETTER

Thanks to everyone for sending current photos. There's a LOT that goes on between newsletters, especially in summer. Keep those emails and photos coming! (Email addresses at end of newsletter.)



SPRING ADOPT-A-TRAIL PROGRAM

The annual trail maintenance work finally took place after two rain delays. Kudos to the faithful volunteers who saw it through to the end. Big Springs and Rabbit Run trails are better for the effort. Thanks also to Kay Smith for organizing and leading the activity.



ANNUAL WILDFLOWER DRIVE & WALK, Saturday, May 21

So far as I know, this happened. Thank you, Alvena!



Apparently it was a good year for morels, according to our own Mickey Myhre, mushroom-ologist and all-around "fun-guy".

Tuesday hikers visited Veterans Park, Miller's Gulch, Kelton Ramp, and "Dry Creak" (a Freudian slip?).



Wednesday hikers visited Shingle Creek, Frog Pond, and the wilderness of North Avimor. The latter hike was especially nice, if demanding.

Thursday hikers visited Hillside to Hollow, Polecat, Eagle Sports Park, and went birdwatching. The latter event was led by member, Jill Cooper, of the Audubon Society.





We had a couple of nice bike rides to Lucky Peak dam. Liz McWhorter promises to lead some slower, shorter rides. We still need more leaders! (okay, the picture isn't us -- but it could be)

The kayak group continues weekly paddle excursions under the direction of Capitano Francesco Satta and Liz McWhorter.



MISCELLANEOUS NEWS

Pat Alexander is posting rides on her eBike MeetUp group if you're interested.

MWOC hikers should carry emergency ID. The concern is that someone could have a medical issue while hiking such that we would need to call for help or notify a relative. Options include:

- Carry your wallet. Put a card in your wallet that states any medical issues and person to notify (include phone number).
- Claire Veseth has found a way to include emergency information on your iPhone. Go to <https://support.apple.com/en-us/HT207021> for instructions. We assume that Android phones have something similar. Jitterbug anyone?
- Several of us wear personal identification in the form of RoadID (www.roadid.com). These are sturdy, stylish items that come in the form of bracelets, necklaces, or anklets. Each item bears a link and password so that First Responders can look up your medical problems, medications, next of kin, health insurance, etc. I wear mine even for local rides and trips to the gym. I may keel over but First Responders will know who I am! (Disclaimer: MWOC has no relationship with RoadID. There are probably other similar products that are just as good, cheaper, and so forth.)

- We invite other ideas to keep everyone safe. We have to look out for each other.

CLUB ACTIVITIES

MONTHLY MEETINGS are held on the first Monday of the month at the pavillion in Kristin Armstrong Municipal Park in Boise. We will return to indoor meetings in October, 2022.

TUESDAY HIKES email announcements are sent each week with location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. If you have questions, contact Pat Dailey, 208-272-0639.

WEDNESDAY HIKES email announcements are sent each week with location and time. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. If you have questions, contact Scott Stolhand, 208-891-2214.

THURSDAY CASUAL HIKES email announcements are sent each week with location and time. Hikes are slower-paced, less than two hours, and involve minimal elevation gain/loss. If you have questions contact Liz McWhorter, 208-891-0426.

THURSDAY SKI GROUP has finished until next Winter.

KAYAK GROUPS and **BIKING GROUPS** occur (mostly) weekly. If you are interested in kayaking, please contact Francesco Satta (capitanosatta@yahoo.com). If you are interested in biking, please contact Jim Wolf (jawolf05@msn.com).

General Announcements

EMAILS Local mid-week activities (hikes, paddles, bike-rides, etc.) are announced through Wild Apricot emails. If you have questions about sending or receiving e mails, please contact Jim Wolf at jawolf05@msn.com.

Planning or thinking of an excursion where you would like to invite like-minded souls? Any officer will help you post an email. For inclusion in this monthly newsletter send details to jawolf05@msn.com.

MWOC WEBSITE You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to laura.jenski@gmail.com.

MWOC officers

Wendell Martin, President wendellmartin2@aol.com 208-888-2858

Judy Farnsworth, Vice President jfarnsw@me.com 208-344-7973

Ruth Garcia, Treasurer ruthg1617@gmail.com

Jim Wolf, Communications jawolf05@msn.com 208-860-2193

Claire Veseth, Membership cbveseth@gmail.com 208-301-3841