



## **Mountain West Outdoor Club Newsletter**

**October, 2020**

This newsletter contains images. You may need to "enable images" to see them, depending on your email client.

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Recognize anyone? It's hard with hats, sunglasses and masks, isn't it!? Second challenge: can you spot something in photo hikers should avoid? Upper Hull's Gulch Trail, September 15. Photographer: Peggy McMahon

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## MONTHLY MEETINGS ANNOUNCEMENT

This is the time of year when we would usually return to our indoor potluck meetings. While we are all anxious to resume this long-standing tradition, the safety of indoor gatherings for larger groups remains unclear. **Therefore, until further notice, there are no scheduled MWOC monthly indoor meetings. However, we are hoping to gather outside again for a first Monday October gathering at Kristin Armstrong Municipal Park. See below.**

## UPCOMING EVENTS

**MONDAY, OCTOBER 5 ~ WEATHER DEPENDENT PICNIC** Tentative plan is to meet at the usual Kristin Armstrong Park site # 3 at **5:30 p.m.** and eat near there in spread out small groups. Watch for an email next weekend for confirmation.

**FRIDAY, OCTOBER 9 ~ CROOKED RIVER HIKE**

- Date and time: Friday, October 9, 9 a.m. (for the meeting spot in Boise)
- Where to meet: Oregon Trail Recreation Area parking lot. It is on Highway 21 east of Federal Way. (Look for a brown sign alerting you a few yards prior to the turn in.)
- We will not be carpooling or going to a restaurant afterwards this year, but the choice is yours. The drive to the trailhead is about 18 miles above Idaho City on Hwy 21 then off the Edna Creek turnoff on an easy dirt road for about a mile to the trailhead.
- This trail is approximately 7 miles round trip, but you may choose to hike less. It is an out and back, so plan on hiking with those of your ability.
- Bring snacks, lunch and water as well as hiking poles.
- Questions? Email Ruth Garcia at [ruthg1617@gmail.com](mailto:ruthg1617@gmail.com)

**OCTOBER 25** ~ Deadline for submissions (news, photos, events) for the November newsletter. Send to Chris at [clg83706@yahoo.com](mailto:clg83706@yahoo.com)

**POSTPONED UNTIL NOVEMBER 2021 ~ EVEREST BASE CAMP TREK**

Join Wendell and Janette and "Hike With Sherpa" on a 12-day trek to Everest Base Camp. Group size is a maximum of 10. Fly from Kathmandu to Lukla to begin the hike. The medium-slow pace and 6 or so miles per day with plenty of time to acclimatize are promised as we approach Base Camp at 17,598 ft. All food, lodging, porters, guides and flight from Kathmandu to Lukla is included in the \$2500 price. Tips are extra. Round trip airfare from Boise to Kathmandu is not included. Please contact Wendell or Janette at [janettey99@gmail.com](mailto:janettey99@gmail.com). Hike With Sherpa website: <https://hikewithsherpa.com>

**MEMBER NEWS**

Sandi Palmer of Eagle, a new MWOC member as of 2018, lost her courageous four year battle with pancreatic cancer on August 15, 2020. Sandi was introduced to the club through Wednesday hiking friends Debbie Hertzog and Glenda Talbutt. The three of them, along with Sandi's husband Don Palmer, walked the Camino de Santiago together in May 2019. They completed ten days on the Portugal Central Way celebrating Sandi's remission from cancer and in memory of Debbie's husband, Frank. Sandi's cancer returned January 2020. The Camino was a great victory and a testimony to her bravery and determination.

**MID-WEEK ACTIVITIES**

**TUESDAY HIKES** Email announcements are sent each week for location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. Lunch



after the hike for those interested. If you have questions contact Pat Dailey, 208-272-0639.

**WEDNESDAY HIKES** begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for an email announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

**THURSDAY KAYAKING** Watch for paddle plans by email. Information about location, weather and paddle distance will be included in the notice. Thursday kayak trips are planned with club members in mind. For more information call Winnie, 208-631-4065.

**THURSDAY HIKES** and other miscellaneous activities will be posted via email. If you have questions contact Liz McWhorter, 208-891-0426.

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## GENERAL ANNOUNCEMENTS

**EMAILS** Local mid-week activities (hikes, paddles, bike-rides, etc.) are announced through email. If you have questions about sending or receiving e-mails, please contact Kay Stoll at [teksas2steppe@gmail.com](mailto:teksas2steppe@gmail.com) Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, or an issue of likely interest to members are welcome.

**MWOC ACTIVITIES** Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? For publication in the newsletter send details to [clg83706@yahoo.com](mailto:clg83706@yahoo.com).

**MWOC WEBSITE** You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).



## OFFICERS

**Wendell Martin**, President  
[wendellmartin2@aol.com](mailto:wendellmartin2@aol.com)  
208-888-2858

**Jim Wolf**, Vice President  
[jawolf05@msn.com](mailto:jawolf05@msn.com)  
208-860-2193

**Kate White**, Treasurer  
[whitejk@cableone.net](mailto:whitejk@cableone.net)  
208-336-0035

**Chris Gleason**,  
Secretary/Newsletter  
[clg83706@yahoo.com](mailto:clg83706@yahoo.com)  
208-407-5443

**Kay Stoll**, Membership  
[teksas2steppe@gmail.com](mailto:teksas2steppe@gmail.com)  
208-880-6010

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PO Box 6815, Boise, Idaho 83707

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