
Mountain West Outdoor Club Newsletter

MAY, 2020



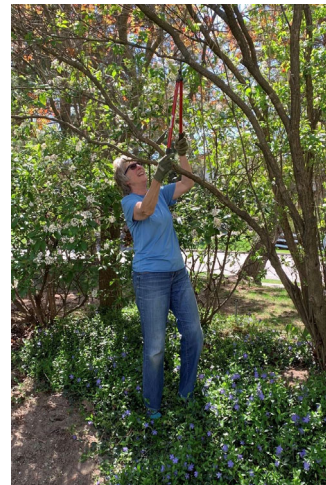
While we didn't gather together for club events in April,
Mountain West folks were busy:



cooking with grands



crafting



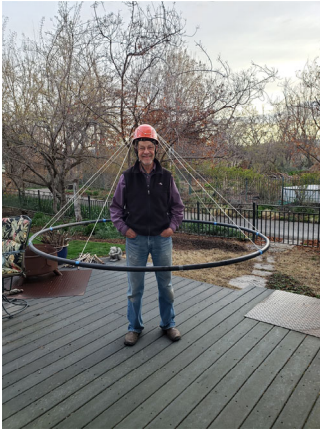
pruning



solo hiking



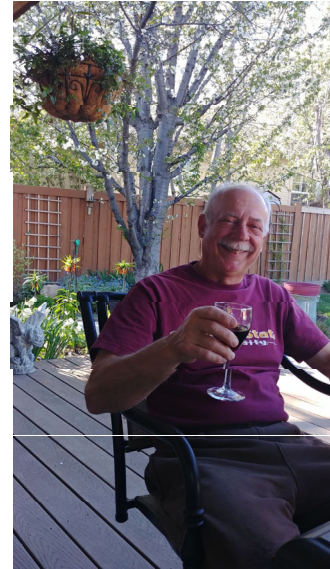
woodworking



social distancing



quilting



relaxing



baking



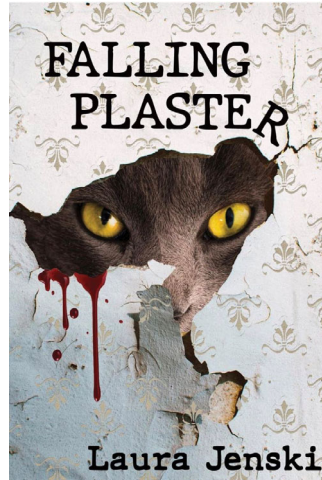
dog walking



"puzzling"



music making



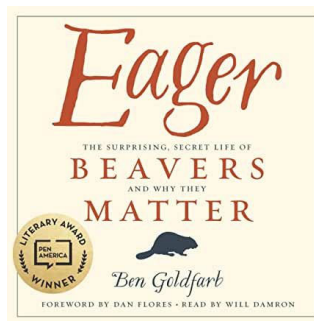
Publishing

Laura Jencki's debut novel, *Falling Plaster*, is now available at Amazon, Barnes & Noble, and other booksellers. She thanks the many MWOC members who helped her craft this adult mystery set in 1980 Chicago. Here is the logline: "Her mother's death is suspicious. Her brother is missing. When a computer expert hunts for answers, she finds herself embroiled in a thirty-year-old serial murder case that threatens her future and her life."

Congratulations, Laura!!

Reading

One of the MWOC book groups is currently reading *Eager: The Surprising, Secret Life of Beavers and Why They Matter* by Ben Goldfarb. This group meets every two months for lunch and discussion at different members' houses. Other recent reads were *Code Girls* by Liza Mundy, *Boys in the Boat* by Daniel James Brown and *The Emerald Mile* by Kevin Fedarko.



Volunteering

Many MWOC members have been dedicating extra time to volunteerism this month. For example, Darlene Stattner, has cut out over 100 masks and is delivering them to local hospitals once they are sewn. Also, Claire Veseth has been helping every week with meals for the homeless and shifts at the Idaho Food Bank. Thanks to all who make a difference in our community.

UPCOMING EVENTS

SATURDAY, MAY 2 ~ PERJUE CANYON DAY HIKE Let's meet at the northwest corner of the WinCo parking lot in Meridian at 9:00 AM. This is a pretty little canyon off the Mud Flat road out of Grand View, Idaho. We'll drive to the trailhead, spend the day exploring the canyon and area. Pack a lunch and possibly a dinner, too. Limited to 8 people. No dogs, please. This trip is WEATHER dependent! Call Alvena at 208-658-9081 if interested.

MONDAY, MAY 4 ~ MONTHLY POTLUCK Cancelled

FRIDAY, MAY 15 - SUNDAY, MAY 17, 2020 ~ CAR CAMP @ BIG CITY OF ROCKS
This area is north of Gooding, Idaho, and is an exceptionally pretty area in the spring, with acres of huge monoliths and hoodoos to explore. We will leave Boise at 9:30 AM. We'll camp at a place called Coyote Springs (no shade), and spend a couple of days looking for petroglyphs, flowers, and enjoying amazing rock formations. Limited to 8 people. No dogs, please. This trip is WEATHER dependent! Call Alvena at 208-658-9081 if interested.

SATURDAY, JUNE 6 ~ CRATER RING DAY HIKE Let's meet at the Park & Ride lot by St Luke's Hospital on Eagle Road at 9:30 AM. Bring a lunch to eat on the hike. We will drive to Mtn. Home, explore the Crater Rings, and drive home. Limited to 8 people. No dogs, please. This trip is WEATHER dependent! Call Alvena at 208-658-9081 if interested.

MAY 20 ~ Deadline for submissions for June newsletter. Send to Chris at clg83706@yahoo.com

VOLUNTEERS NEEDED!!

AUGUST 3 ~ MOUNTAIN WEST ANNUAL PICNIC

A successful picnic requires club participation!

Please volunteer for one of the following roles via email to wendellmartin2@aol.com

Picnic Coordinator (1)

Guest Managers (Guest count, Check-in) (2-3)

Door Prize Team (2-4)

Servers (8)

Set-up (4)

Tear-down/Clean-up (4)

OCTOBER 27- NOVEMBER 12 ~ EVEREST BASE CAMP TREK Join Wendell, Janette and "Hike With Sherpa" on a 12-day trek to Everest Base Camp. Group size is a maximum of 10. Fly from Kathmandu to Lukla to begin the hike. The medium-slow pace and 6 or so miles per day with plenty of time to acclimatize are promised as we approach Base Camp at 17,598 ft. All food, lodging, porters, guides and flight from Kathmandu to Lukla is included in the \$2500 price. Tips are extra. Round trip airfare from Boise to

Kathmandu is not included. Please contact Wendell or Janette at janettey99@gmail.com.

Hike With Sherpa website: <https://hikewithsherpa.com>

MID-WEEK ACTIVITIES

COVID 19 UPDATE Organized hikes may begin soon. Watch for emails regarding schedule and possible caveats (for example, face masks, distancing, size limits, and of course, not attending if you are ill).

TUESDAY HIKES Email announcements are sent each week for location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. Lunch after the hike for those interested. If you have questions contact Pat Dailey, 208-272-0639.

WEDNESDAY HIKES begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for an email announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

THURSDAY KAYAKING Watch for paddle plans by email. Information about location, weather and paddle distance will be included in the notice. Thursday kayak trips are planned with club members in mind. For more information call Winnie, 208-631-4065.

THURSDAY HIKES and other miscellaneous activities will be posted via email. If you have questions contact Liz McWhorter, 208-385-0100

GENERAL ANNOUNCEMENTS

EMAILS Local mid-week activities (hikes, paddles, bike-rides, etc.) are announced through email. If you have questions about sending or receiving e-mails, please contact Kay Stoll at teksas2steppe@gmail.com.

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, or an issue of likely interest to members are welcome.

MWOC ACTIVITIES Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? For publication in the newsletter send details to clg83706@yahoo.com.

MWOC WEBSITE You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to laura.jenski@gmail.com.



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