

**From:** Mountain West Outdoor Club <MountainWestOutdoorClub@wildapricot.org>  
**Sent:** Monday, February 24, 2020 12:53 PM  
**To:** Laura Jenski  
**Subject:** MARCH 2020 MWOC Newsletter

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## **Mountain West Outdoor Club Newsletter**

**March, 2020**

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### **MEET THIS MONTH'S FEATURED ACTIVITY COORDINATOR:**

#### **JUDY FARNSWORTH**

Judy Farnsworth is one of the most notable, AND noteworthy examples of MWOC's hike leaders. If you are a new member and haven't met her, it won't be long before you are subjected to her friendly and thoughtful conversation. She is interested in hearing your story and makes you feel like she's been waiting to hear it for years. She is also willing to tell you her own stories, including some of her more embarrassing moments. In her past life, Judy was a university nursing instructor and was rather peripatetic before moving here. She considers Idaho her home now. She participates in many recreational activities: hiking, bicycling, backpacking, skiing, and snow shoeing, to name a few. She leads Wednesday hikes and puts together other trips for MWOC members, and she loves to attend MWOC events planned by others. Her enthusiasm for the great outdoors and positive outlook on life is a wonder to all who know her. And, her favorite go-to-food is a peanut butter and jelly sandwich. So smile when you see Judy!

-Thanks to Anne Schorzman for this write-up about Judy.



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## UPCOMING ACTIVITIES

**March 2: MONTHLY POTLUCK (6 pm) AND PLANNING MEETING (5 pm)**

The MWOC officers - and any others who would like to give input - will meet at 5:00 pm at Idaho Fish and Game (600 S.Walnut) prior to the potluck.

**“Machu Picchu: Before it was Transformed”** will be the presentation by Tom Lopez, a noted local mountain climber.

Tom climbed his first Idaho peak in 1972 and started to collect information for a climbing guide in 1978. During this time, he has lived and climbed out of Boise, Idaho Falls, Moscow, Shoshone, and Salmon. He has also climbed extensively across the United States, including several first ascents in Alaska, and trips to Bolivia, Canada, Costa Rica, Mexico, New Zealand and Peru. He has climbed 764 Idaho peaks and another 700 peaks in other states. He prefers searching for hidden places others have missed or overlooked, “There is nothing better than finding a challenging route on an attractive peak, far from roads and trails.” Fortunately, he notes, “Idaho is full of such opportunities.”

Bring a dish to share, your own non-alcoholic drink, utensils and plate. Socializing starts at 6 pm. Dinner begins at 6:30

**Watch for emails announcing other March activities as they are planned.** Spring is a great season for a wide variety of outdoor excursions. Have an idea and would like others to join you? Any activity coordinator or MWOC officer would be happy to help you plan and/or post your event.

**March 20: DEADLINE FOR APRIL NEWSLETTER SUBMISSIONS**

Send your event to Chris Gleason, [clg83706@yahoo.com](mailto:clg83706@yahoo.com)

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Thanks to two great volunteer activity leaders, **Ruth Garcia** and **Kay Smith**, for getting MWOC members out to enjoy the snow.



**Thursday afternoons at Bogus**

**Ponderosa Ski Trip 2020**

Near the end of January, about 31 of us took another ski trip to McCall. Some stayed at Ponderosa Park and others rented their own places in town. Of course, we are always hoping for lots of snow! It was a bit sticky the first day, but the next days were great! Little Bear Basin is a favorite. Every trail was groomed to perfection this year. Ponderosa Park has more elevation and some great trails with beautiful views. A highlight at Brundage was watching the ski patrollers creating the huge "Where the Wild Things Are" snow sculpture at the top of Blue Bird Chair. MWOC is



As you can see we are a hearty bunch! We usually won't let weather get in our way. It varies from one time to the next as to the ratio of snowshoers to Nordic skiers. We usually get 10 to 15 attendees altogether. On the day pictured, we had seven skiers and two snowshoers. We all enjoy getting together after a couple of hours of exercise for snacks at the Nordic lodge. It's a good way for us to all get to know each other even better. Bogus does a good job of sanding and clearing the road, so it makes it even nicer. - Ruth Garcia



famous for wonderful potlucks and ours was no exception. Mmmm! Lots of yummy food and conversation, with leftovers for another supper. The next night some ventured out for dinner and others came back for leftovers after skiing. The following day it was time to head for home or prepare for another day in the snow. - Kay Smith



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## MID-WEEK ACTIVITIES

**TUESDAY HIKES** Watch for an email announcement each week for location and time. Hikes are of moderate difficulty, 4 to 6 miles, lasting approximately 2 to 2.5 hours. Starting time varies with time of year and weather conditions. Lunch after the hike for those interested. If you have questions contact Pat Dailey, 208-272-0639.

**WEDNESDAY HIKES** begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for an email announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

**THURSDAY HIKES** and other miscellaneous activities will be posted via email. If you have questions contact Liz McWhorter, 208-385-0100.

**THURSDAY AFTERNOON NORDIC SKI/SNOWSHOE** Meet at 12:00 noon at Camel's Back Park parking lot to carpool to Bogus. Afternoon rates start at 1:00 pm (check Bogus website). After a couple of hours of exercise, meet at the Nordic Lodge to share snacks. We head back down the mountain in time to reach Boise by 5:00 pm. Questions? Contact Ruth at [ruthg1617@gmail.com](mailto:ruthg1617@gmail.com)

## GENERAL ANNOUNCEMENTS

**QUESTIONS ABOUT YAHOO EMAILS** Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Kay Stoll at [teksas2@gmail.com](mailto:teksas2@gmail.com). Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

**MWOC ACTIVITIES** Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? For publication in the newsletter send details to [clg83706@yahoo.com](mailto:clg83706@yahoo.com).

**AIR ST. LUKE'S MEMBERSHIP** A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: [stlukesonline.org/air](http://stlukesonline.org/air) or 208-706-1000

**MWOC WEBSITE** You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, Members' Marketplace, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).



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