


Reboot Your Resolutions - Move!

January 2019

Mountain West Outdoor Club

<p>A big welcome to our recent new and returning members</p>	<p>Rebecca Atherton, John Kopplin, Karen Mittendorf, Catherine Strange</p>
	<p>TRIVIA is over BUT something special will return in its place beginning with the February Newsletter. We hope to profile (give interesting tidbits) about our dedicated activity leaders.</p>
<p>January 2019</p>	<p>MEMBERSHIP RENEWAL REMINDER to get your dues paid by January 31, 2019. If you pay MWOC dues using PayPal, your waiver is automatically part of the sign-up. If you pay with cash/check or credit card, you must sign a waiver each year.</p>
<p>Jan 28, Monday 10:00 am</p>	<p>A WALK THROUGH IDAHO HISTORY at the newly renovated Idaho State Museum is slated for a group of twenty (20) on Monday, Jan 28, at 10:00 A.M. The cost is \$7.00/person and will be collected by me (and a helper) in the lobby prior to the tour. Please bring the exact amount in cash - we need to pay as a group to the front desk cashier, not individually. The group rate includes an introduction to the Museum and several staff members will be with us in the galleries to answer questions.</p> <p>Please respond to the MWOC evite by JAN 23. I will e-mail a list of names to those attending to make carpooling easier. <u>Museum address:</u> 610 Julia Davis Drive, <u>Parking:</u> Free 2-hour parking available in Julia Davis Park lot, but it can get crowded, so carpooling is encouraged. Questions? Contact aschorz@cablone.net or 208-284-7243.</p>
<p>Jan 29-30,</p>	<p>PONDEROSA STATE PARK OUTING IN MCCALL Kay Smith rented cabins for Tuesday and Wednesday nights, Jan 29 and 30. A potluck is scheduled for Tues evening and the cost per night is about \$35 per person. Contact Kay Smith at</p>

	208-230-1574 or kaysmith805@gmail.com for details. Space is filling up so contact Kay ASAP if you're interested.
Feb 4, Monday 5:00 pm 6:00 pm	MWOC PLANNING MEETING <u>AND</u> POTLUCK The MWOC officers - and any others who would like to give input - will meet at 5:00 pm at Idaho Fish and Game, prior to the potluck. The February MWOC Potluck meeting is scheduled for Monday, February 4, 2019 , at Idaho Fish and Game, 600 S. Walnut, Boise. Socializing starts at 6 pm, dining at 6:30. Bring a dish to share, your own plate, utensils and a beverage (no alcohol, please). Peg Killen will compose, edit and present our annual MWOC slide show extravaganza! Contact pegkillen@me.com by January 15 if you have a picture you'd like to share from last year. Come prepared to laugh, reminisce, and celebrate our fun outings.
Feb 7, Thursday - Feb 9, Saturday	ANTHONY LAKES SKI AND SNOWSHOE Mary Brown once again organized the Anthony Lakes annual ski/snowshoe trip. The plan is to drive up on Thursday, with a potluck dinner at the Super 8 Motel (541-524-8282). Snow fun on Friday with dinner out Friday night. Saturday is flexible, either ski or take in the local sites. Mary has rented a group room with space for three more women. Motel prices fluctuate and include breakfast and pool/hot tub area. Contact Mary_brownmeb@gmail.com if your interested in going, AAA and AARP discounts available at Super 8.
Feb 19, 20 & 21	SUN VALLEY CROSS COUNTRY SKI/SNOWSHOE Jerry Niday (208-954-9305) is planning a trip to Sun Valley for some snow fun over several days. He is working out the details but generally the plan is to leave Boise on Tuesday, February 19 and return to Boise on Thursday, February 21 with skiing in-between. He is investigating lodging options. If you are interested, give him a call.

MID-WEEK/FUTURE ACTIVITIES

TUESDAY HIKES. Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested.

WEDNESDAY HIKES begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have

questions, contact Scott Stolhand, 208-891-2214.

THURSDAY HIKES and other miscellaneous activities will be posted on Yahoo groups. If you have questions contact Liz McWhorter, 208-385-0100.

PARK AND SKI rides offered by Jerry Niday for cross country skiing, snowshoeing or hiking the Park 'n Ski trails on Highway 21 north of Idaho City. A stop at Trudy's for a quick bite to eat afterwards is optional. Call Jerry at 208-954-9305 for ride sharing details from the Old Idaho Penitentiary parking lot.

THURSDAY AFTERNOON NORDIC SKI/SNOWSHOE meets at 12:00 noon at Camel's Back Park parking lot to carpool to Bogus. After a couple of hours of exercise meet at the Nordic Lodge to share snacks. Back to Boise by 5:00 pm. Group will continue through February. Contact Ruth at rannygar@aol.com for more information.

GENERAL ANNOUNCEMENTS

QUESTIONS ABOUT YAHOO EMAILS. Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, cheriworsley@gmail.com.

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

MWOC ACTIVITIES: Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here - Anne Schorzman at aschorz@cableone.net

AIR ST. LUKE'S MEMBERSHIP: A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: stlukesonline.org/air or 208-706-1000

MWOC WEBSITE: You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, Members' Marketplace, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to: laura.jenski@gmail.com.

SAVE A TREE; CANCEL UNNEEDED PAPER MAILINGS: Most communications from MWOC are by email and through postings on our website. If you are still receiving paper copies of newsletters and directories mailed to your home, and you do not need the hardcopies because you are also receiving the information electronically, please contact Laura Jenski (laura.jenski@gmail.com, 208-860-9477) to stop the paper copy mailing.

THE MEMBERS' MARKETPLACE is a website feature where you can list outdoor gear and supplies you wish to buy, sell, or swap. You can post items yourself or have a website administrator do it for you. Go to the website, www.mwocid.org, and click on Members Only (you must login in to see Members-only Content).

Officers and Activity Coordinators:

Rod Haars, President, rod.haars@gmail.com, 208-860-4622

Jim Wolfe, Vice President, jawolf05@msn.com, 208-860-2193

Kate White, Treasurer, whitejk@cableone.net, 208-336-0035

Anne Schorzman, Newsletter, aschorz@cableone.net, 208-284-7243

Kay Stoll, teksas2@gmail.com, 208-880-6010, Membership, **and Wendell**

Martin, wendellmartin2@aol.com, 208-888-2858, Membership

Cheri Worsley, Yahoo Groups Coordinator, cheriworsley@gmail.com, 208-938-4435

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