


Go Wild. It's Summer!

June 2019

## Mountain West Outdoor Club

	<p><b>MEET THIS MONTH'S FEATURED ACTIVITY COORDINATOR:</b> Ruth Garcia. She hikes, she bikes, she plans activities, she's a go get 'em kind of gal.</p> <p>Ruth says she joined MWOC many years ago because of the varied activities offered but mostly because of the great people. (Take a bow, everyone!) She enjoys hiking, cross-country and skate-skiing, as well as paddle boarding, and most recently, putting together a day trip on the Cabarton stretch of the Payette in July (see details in newsletter). The group did it last year and had a blast! Okay, spoiler alert.</p> <p>She retired 4 years ago after a 42 year stint as a Registered Nurse. She states, "I am thoroughly enjoying retirement and Mountain West is very much one of the main reasons."</p> <p>We are the happy beneficiaries of your retirement, Ruth. Many thanks for coordinating hikes, planning outings and adding a spark by participating in as many MWOC activities as you can.</p>
<p><b>A big welcome to new and returning members since March 15</b></p>	<p>Joe Colletti, Zena Cook, Michele Donnelly, Sara Harder, Brian Miller, Sandy Palmer, Christine Powers, Karen Raese, Connie Weidel</p>
<p><b>If you were wondering...</b></p>	<p><b>GOOD NEWS!</b> Finding a new potluck meeting place is on temporary hold and will reactivate in the fall. MWOC officers found out we have the current room at <i>Idaho Fish and Game</i> until April of 2020. Fish and Game personnel also indicated they would like us to come back after new construction is complete.</p>
<p><b>May 24, Fri - May 27, Sat</b></p>	<p><b>CAR CAMP @ BIG CITY OF ROCKS:</b> This area is north of Gooding, Idaho, and is an exceptionally pretty area in the Spring, with lots of huge monoliths and hoodoos to explore. We will leave Boise about 9:00 a.m. We'll camp at a place called</p>

	<p>Coyote Springs (no shade), and spend a couple of days looking for petroglyphs, flowers, and enjoying amazing rock formations. Limited to 8 people; No dogs, please. Call Alvena at 208-658-9081 if interested.</p>
<p><b>June 3, Mon</b></p> <p><b>5:00 pm</b></p> <p><b>6:00 pm</b></p>	<p><b>MWOC PLANNING MEETING AND POTLUCK</b></p> <p>The MWOC officers - and any others who would like to give input - will meet at 5:00 pm at <i>Idaho Fish and Game</i>, prior to the potluck.</p> <p><b>MWOC POTLUCK MEETING</b></p> <p>Join us for our beginning of summer potluck meeting on Monday, June 3, at <i>Idaho Fish and Game</i>. Bring a dish to share, your own drink, utensils and plate. Socializing starts at 6 pm. Dinner begins at 6:30.</p> <p>Our speaker is Steve Noyes, a bike rider and employee of City of Eagle. He is the Trails and Pathways Superintendent for the city, where he takes part in the planning, acquisition, design, funding, construction and maintenance of the now 30-mile+ trail system that Eagle operates.</p> <p>Steve works closely with developers who provide easements that allow expansion of the Greenbelt, as well as agencies and municipalities who will help Eagle develop a well-connected foothills trail network. Steve feels privileged to take part in creating a unique and balanced trail system that promotes economic development, improves health, and enhances the quality of life in one of the fastest growing cities in the State of Idaho.</p>
<p><b>June 15</b></p>	<p>Deadline for July newsletter submissions. Send your event to <a href="mailto:aschorz@cablone.net">aschorz@cablone.net</a>.</p>
<p><b>July 29, Mon</b></p>	<p><b>RAFT THE CABARTON</b></p> <p>Plan now and join us for this fun and easy all day float trip down the Payette River. The trip includes lunch and costs \$80.32 after the Discount Code is applied. (Instructions below.) Register yourself either by calling Cascade Raft and Kayak at 208-793-2221 (toll free) or going to this link: <a href="https://reservations.cascaderaft.com/res/#search:3.11799">https://reservations.cascaderaft.com/res/#search:3.11799</a> (copy and paste in browser).</p> <p>After you open the link: 1) Enter the Discount code MTN10 (all capital letters and the number 10); 2) Hit "Apply Discount"; 3) Hit "Add."</p> <p><b>IMPORTANT:</b> When you register, tell them you are with Ruth Garcia. If you register online, put that info on the "guest information" page under "Restrictions." (This is the only place you can type in something extra). Your credit card is automatically billed when you register but their refund/cancellation policy is excellent. It is posted at the bottom of the "guest information" page.</p>

	For those interested, we will have a carpool from Winco near Hwy 55 on the morning of this event. More details to follow in a few weeks about this and dinner plans that evening. Please feel free to contact Ruth with any questions at <a href="mailto:rannygar@aol.com">rannygar@aol.com</a> .
Sept 15, Sunday - Sept 20, Fri	<b>BRYCE CANYON FALL TRIP:</b> Fellow adventurers, Bonnie and Frank Perri invite you to join them on a hiking/exploring trip to Bryce Canyon and some of the surrounding area. Bonnie has made contact with the Ruby Inn Campground located right outside the park for camping, RVs, cabins, and teepees. The response to this invitation has been great, although a few spots may be available or your name could be added to a waiting list. Full accommodation refunds are granted with 48 hr notice. For questions, or to add your name to the list, contact Bonnie Perri at <a href="mailto:bp.56@hotmail.com">bp.56@hotmail.com</a> . Bonnie has requested you contact her rather than Bryce Canyon if you are renting a cabin and plan to cancel. She would like to assign the cabin to someone on the waiting list.

#### MID-WEEK/FUTURE ACTIVITIES

**TUESDAY HIKES.** Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested.

**WEDNESDAY HIKES** begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

**THURSDAY HIKES** and other miscellaneous activities will be posted on Yahoo groups. If you have questions contact Liz McWhorter, 208-385-0100.

#### GENERAL ANNOUNCEMENTS

**QUESTIONS ABOUT YAHOO EMAILS.** Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, [cheriworsley@gmail.com](mailto:cheriworsley@gmail.com).

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

**MWOC ACTIVITIES:** Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here - Anne Schorzman at [aschorz@cableone.net](mailto:aschorz@cableone.net)

**AIR ST. LUKE'S MEMBERSHIP:** A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: [stlukeonline.org/air](http://stlukeonline.org/air) or 208-706-1000

**MWOC WEBSITE:** You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, Members' Marketplace, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to: [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).

**THE MEMBERS' MARKETPLACE** is a website feature where you can list outdoor gear and supplies you wish to buy, sell, or swap. You can post items yourself or have a website administrator do it for you. Go to the website, [www.mwocid.org](http://www.mwocid.org), and click on Members Only (you must login in to see Members-only Content).

## Officers and Activity Coordinators:

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