From: Mountain West Outdoor Club
To: Laura Jenski
Subject: July 2019 MWOC Newsletter
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Let Freedom of Movement Ring

July 2019

Mountain West Outdoor Club

Late June/Early July	Bob Mayer has tentatively planned an Owyhee car camping/wildflower trip for the last week in June. In early July he has a clean-up tour tentatively scheduled with the Owyhee/BLM ranger who gave a talk at the potluck last year. For more information, contact Bob at: lochsaman1@yahoo.com or 208-866-1181.
July 1, Mon **5:00 pm** **6:00 pm**	**MWOC PLANNING MEETING AND POTLUCK** The MWOC officers - and any others who would like to give input - will meet at 5:00 pm at *#3 Willow shelter*, prior to the potluck. **MWOC POTLUCK MEETING** Join us for our first outdoor MWOC Potluck meeting on Monday, July 1, at Kristin Armstrong Municipal Park (#3 Willow). Bring a dish to share, your own drink, utensils and plate. There is no formal program but come for socializing with other MWOC members starting at 6 pm. Dinner begins at 6:30. Come and enjoy the great outdoors!
July 15	Deadline for August newsletter submissions. Send your event to aschorz@cableone.net.
July 29, Mon	**RAFT THE CABARTON** Plan now and join us for this fun and easy all day float trip down the Payette River. The trip includes lunch and costs $80.32 after the Discount Code is applied. (Instructions below.) Register yourself either by calling Cascade Raft and Kayak at 208-793-2221 (toll free) or going to this link: https://reservations.cascaderaft.com/res/#search:3.11799 (copy and paste in browser).

	After you open the link: 1) Enter the Discount code MTN10 (all capital letters and the number 10); 2) Hit "Apply Discount"; 3) Hit "Add." **IMPORTANT:** When you register, tell them you are with Ruth Garcia. If you register online, put that info on the "guest information" page under "Restrictions." (This is the only place you can type in something extra). Your credit card is automatically billed when you register but their refund/cancellation policy is excellent. It is posted at the bottom of the "guest information" page. For those interested, we will have a carpool from Winco near Hwy 55 on the morning of this event. More details to follow in a few weeks about this and dinner plans that evening. Please feel free to contact Ruth with any questions at rannygar@aol.com .
August 5, Mon **6:00 pm**	**MWOC ANNUAL PICNIC** Make a date with your calendar and your good buddies at MWOC for our annual picnic! The event will start at 6:00 pm at the Kristin Armstrong Municipal Park Shelter with a Wild West themed dinner. The planning committee has a few surprises in store, so you won't want to miss this year's event. The picnic is FREE to MWOC members and you can bring a guest for $10. Registration will be out soon, so check your emails early and often.
Sept 15, Sunday - Sept 20, Fri	**BRYCE CANYON FALL TRIP:** Fellow adventurers, Bonnie and Frank Perri invite you to join them on a hiking/exploring trip to Bryce Canyon and some of the surrounding area. Bonnie has made contact with the Ruby Inn Campground located right outside the park for camping, RVs, cabins, and teepees. The response to this invitation has been great, although a few spots may be available or your name could be added to a waiting list. Full accommodation refunds are granted with 48 hr notice. For questions, or to add your name to the list, contact Bonnie Perri at bp.56@hotmail.com. Bonnie has requested you contact her rather than Bryce Canyon if you are renting a cabin and plan to cancel. She would like to assign the cabin to someone on the waiting list.

MID-WEEK/FUTURE ACTIVITIES

TUESDAY HIKES. Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested.

WEDNESDAY HIKES begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

THURSDAY HIKES and other miscellaneous activities will be posted on Yahoo groups. If you

have questions contact Liz McWhorter, 208-385-0100.

GENERAL ANNOUNCEMENTS

QUESTIONS ABOUT YAHOO EMAILS. Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, cheriworsley@gmail.com.

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

MWOC ACTIVITIES: Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here – Anne Schorzman at aschorz@cableone.net

AIR ST. LUKE'S MEMBERSHIP: A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: stlukesonline.org/air or 208-706-1000

MWOC WEBSITE: You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, Members' Marketplace, and Gallery. if you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to: laura.jenski@gmail.com.

THE MEMBERS' MARKETPLACE is a website feature where you can list outdoor gear and supplies you wish to buy, sell, or swap. You can post items yourself or have a website administrator do it for you. Go to the website, www.mwocid.org, and click on Members Only (you must login in to see Members-only Content).

Officers and Activity Coordinators:

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