


When Autumn Leaves,
Novemburrr 2018

Mountain West Outdoor Club

<p>A big welcome to our recent new and returning members</p>	<p>Terry Cassity, Noreen Gallagher, Gail Hansen, Martha Hays, Tom Hays, Candace Miller, Toni Roberts</p>
	<p>November's TRIVIA Question: Log on to our website, http://www.mwocid.org and go to the Become A Member: Renewals page to find the question. Send your answer to the link listed. Be the first person to send the correct answer and win a special prize. Runner-ups will be announced at the Monday night potluck. (Hint: Three lines or dots along the top banner means there are more webpages to view.)</p>
<p>Nov 10, Saturday</p> <p>8:00 am Breakfast 9:15 am Work Begins</p>	<p>RAKE UP BOISE REMINDER NOTICE</p> <p>A big THANK YOU to the volunteers for teaming up for this annual community event. Meet at the home of Ellie McKinnon at 8:00 am for some sustenance prior to being assigned to a work team for one of three designated home sites. If you did not receive Ellie's email and are a member of the crew, contact Ellie elliemckinnon@gmail.com for details.</p>
<p>Mid - November through the winter</p>	<p>PARK AND SKI FUN BEGINS</p> <p>Jerry Niday is offering rides beginning mid-to-late November for cross country skiing, snow shoeing or hiking the Park n' Ski trails on Highway 21 north of Idaho City. Stopping at Trudy's for a quick bite to eat afterwards is optional. Call Jerry at 208-954-9305 for ride share details from the Old Idaho Penitentiary parking lot.</p>
<p>Dec. 3, Monday</p> <p>6:00 pm</p>	<p>MWOC POTLUCK AND SPEAKER</p> <p>The December MWOC Potluck meeting is scheduled for Monday, December 3 at Idaho Fish and Game, 600 S. Walnut, Boise.</p>

	<p>Greg Farmer, PT, will speak on <i>Enjoying the Outdoors for the Ages</i>. He will discuss physical changes to our bodies as we age and preventative measures we can take to slow those changes.</p> <p>Socializing starts at 6 pm, dining at 6:30. Bring a dish to share, your own plate, utensils and a beverage (no alcohol, please).</p>
<p>Dec. 10, Monday</p> <p>4:30 pm</p>	<p>SPECIAL PLANNING MEETING - 2018 AND 2019 OFFICERS</p> <p>Join the MWOC officers (current and new) plus any others who would like to give input for MWOC planning, on Dec 10, at 4:30 pm at Smoky Mountain Pizza, 415 E. Parkcenter Blvd. for an early dinner/meeting. We will discuss new goals for 2019 and reminisce about our past year's successes.</p> <p>NOTE: <i>In January, monthly planning meetings will return to First Mondays, prior to the monthly potluck.</i></p>
<p>Dec 31, Monday - Jan 2, 2019</p>	<p>SKI/SNOW SHOE SUN VALLEY AREA</p> <p>The Suite at the AmericInn in Hailey is reserved for the annual New Year's Adventure. Plans are to meet up on Dec 31 and bring items for a potluck for Monday evening. The suite sleeps 4-6 people. Reserve the suite or get a room mate and share a room. For reservations call 208-788-7950 and mention you are with MWOC or give them Winnie's name. For details, contact Winnie, 208-631-4065 or wesmo40@gmail.com.</p>
<p>PLAN NOW!</p> <p>Jan 29-30, 2019</p>	<p>PONDEROSA STATE PARK OUTING IN MCCALL</p> <p>It's not too early to plan for late January. Kay Smith rented cabins for Tuesday and Wednesday nights, Jan 29 and 30. A potluck is scheduled for Tues evening and the cost per night is about \$35 per person. Contact Kay Smith at 208-230-1574 or kaysmith805@gmail.com for details.</p>
<p>Dec. 1</p>	<p>MEMBERSHIP RENEWAL REMINDER (watch your emails)</p>
<p>Dec. 4</p>	<p>OFFICER ELECTIONS BY ELECTRONIC BALLOT (watch your emails)</p>

MID-WEEK/FUTURE ACTIVITIES

TUESDAY HIKES. Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested.

WEDNESDAY HIKES begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking

condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

THURSDAY HIKES and other miscellaneous activities will be posted on Yahoo groups. If you have questions contact Liz McWhorter, 208-385-0100.

GENERAL ANNOUNCEMENTS

QUESTIONS ABOUT YAHOO EMAILS. Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, cheriworsley@gmail.com.

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

MWOC ACTIVITIES: Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here - Anne Schorzman at aschorz@cableone.net

AIR ST. LUKE'S MEMBERSHIP: A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: stlukesonline.org/air or 208-706-1000

MWOC WEBSITE: You don't have to login to visit most of the MWOC pages, including the calendar of events, news, and resources. The pages that require login are your own profile, membership directory, Members' Marketplace, and Gallery. If you haven't already created a password for the website, click on Login at the top of the page, enter your email address, and click "Forgot password." You will receive an email message with instructions. Please address questions to: laura.jenski@gmail.com.

SAVE A TREE; CANCEL UNNEEDED PAPER MAILINGS: Most communications from MWOC are by email and through postings on our website. If you are still receiving paper copies of newsletters and directories mailed to your home, and you do not need the hardcopies because you are also receiving the information electronically, please contact Laura Jenski (laura.jenski@gmail.com, 208-860-9477) to stop the paper copy mailing.

THE MEMBERS' MARKETPLACE is a website feature where you can list outdoor gear and supplies you wish to buy, sell, or swap. You can post items yourself or have a website administrator do it for you. Go to the website, www.mwocid.org, and click on Members Only (you must login in to see Members-only Content).

Officers and Activity Coordinators:

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