MOUNTAIN WEST OUTDOOR CLUB – July 2017

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If you have a question, but don't know for whom, email the Club at MWOCID@gmail.com.

CHECK YOUR EMAILS FROM YAHOO GROUPS FOR LAST MINUTE TRIPS, CHANGES IN CURRENT TRIPS

Jul 3, Mon	MWOC POTLUCK MEETING will be at Kristin Armstrong Municipal Park, site #3, adjacent to Fish and Game on Walnut St. at 6 PM . Please bring a dish to share, your own place setting and beverage. There will not be a formal presentation. Come anyway! You'll have time to visit with other members, learn what they are doing and get ideas for your own summer adventures.
Jul 17, Mon	MWOC PLANNING MEETING will be meeting on the patio at the Smoky Mountain Pizzeria Grill, 1805 W State St. Join us – the meeting starts are 6:30. Add your voice to the discussion about the ins and outs of the club; bring ideas for summer trips
Jul 21-23, Fri thr Sun	CAR CAMP @ LIVINGSTON, OR VICINITY . Drive up to Railroad Ridge for a view of the Chinese Wall. There are options for additional 'sight seeing' and/or hiking. High clearance vehicle recommended. Limited to 8 people; no dogs, please! If interested, call Alvena Kinkade at 208-658-9081.
Jul 28-29, Fri thr Sat	SAWTOOTH LAKE BACKPACK Spend a delightful two days and a night in the Sawtooth Lake basin! I'll meet you at the Iron Creek Trailhead on Friday, 9 AM. We'll take our time hiking the 5 miles from the trailhead to Sawtooth Lake – it's a 1700-foot elevation gain. We'll camp there, explore the area, and hike out Saturday afternoon. (In case of inclement weather alternative dates for the backpack are Aug 23-24.) Limit 6 people. Call or email: Gudi Woehlbrandt, 208-850-6662 or gudrun.woehlbrandt@yahoo.com <i>More information:</i> Mary Brown will be driving up Thursday afternoon (Jul 27) and camping along Iron Creek in order to be at the trailhead Friday morning. If you'd like to join Mary, please contact her directly at

Aug 7, Mon	MWOC ANNUAL PICNIC will be held at Kristin Armstrong Municipal Park at 6 PM at the covered picnic area. Mazzah Mediterranean Grill will be catering the meal. It is free to members; guests are welcome, cost \$10. Please bring your own beverage in a non-glass container. To register : If you missed the invitation to register emailed on June 1, you can go to the calendar on the website homepage (www.mwocid.org) and click on the August 7 event. OR, you can register when you receive an event reminder email on July 1. If you need help with registration, please send an email to MWOCID@gmail.com. We still need several more volunteers to set-up, serve, and cleanup PLUS one
	very special volunteer – a picnic coordinator for 2018! Volunteer now to "learn the ropes". The job's not a hard – thanks to volunteers and the use of technology, the job requires just a few hours beginning in June to August.
	To volunteer please email MWOCID@gmail.com. Put "volunteer" in the subject line and in the body list what you'd like to do.
Aug 17, Thu <i>Two</i> events in one!	IDAHO BOTANICAL GARDEN MUSIC IN THE PARK AND TOUR OF THE GARDEN: Looking for a pleasant evening out? The band, Boise Straight Ahead , will be playing. Our very own <i>Wendell Martin</i> and <i>Greg Kelsay</i> are in the band! The music starts at 6:30 p.m. and continues to sundown. For IBG members admission is \$7.00 and for non-members it's \$10.00.
	<i>Tour the Garden!</i> Be to the Garden by 5:30 p.m. when the gates open. You can reserve a shady spot and then join Rod Haars for a tour of the Idaho Botanical Gardens. He'll introduce you to the English Garden, Rose Garden, Fire Wise Garden, Lewis and Clark Native Plant Garden, Western Water Wise Garden, Foothill Grove, Foothill Cemetery and Children's Adventure Garden. He'll have you back to your seats by the time the band starts. <i>In early August, Rod will send an email registration form for the Garden Tour.</i>
Aug 20- 24, Sun thr Thr	SEE THE SOLAR ECLIPSE FROM GRANITE MOUNTAIN LOOKOUT! Join a group campout at Hard Rock Campground near McCall. This campground is approximately 19 miles up Brundage Road just past McCall. A pit toilet is the only facility available.
	There are several hikes planned over four days including one to the top of Granite Mountain to see the eclipse on Monday. Additional hikes include: Hidden Lake, Grass and Coffee Cup Lakes and Rainbow Lake plus others. For more information contact Gary Dailey, 208 272-0638 or email: daileyg@ymail.com.
Aug 21, Mon	MARK THE DATE ON YOUR CALENDAR! The total solar eclipse begins around 10:10 AM and reaches totality around 11:26 AM If you are staying in town and like to paddle, join Marge on a paddle from Montour to Black Canyon for a unique view of the eclipse. She will provide eclipse-viewing glasses to enhance the viewing experience. More details to follow as the eclipse nears. Marge Lane, 208-887-6888 or margie.lane15@gmail.com.

Sep 9-12, Sat thr Tue	THE TRAIL OF THE COEUR D'ALENES BIKERIDE <i>PLUS</i> THREE! - Start with a 15-20 mile ride in McCall on the way to North Idaho; spend the night in Lewiston (hotel to be decided). Take a 15 to 20-mile morning spin on the Lewiston Levee Trail before heading to Wallace, Idaho. Bike the Trail of the Coeur d'Alenes on the 11th and 12th (45-miles day one and anywhere between 27-miles and 40-miles ride day two). Bike the Hiawatha on the 13th. All the rides have no more than a 3% grade. After the Hiawatha you are on your own to head home or spend more time in the area. (There is a great 30-mile bike path between Coeur d'Alene and Spokane.)
	 Stay at the Wallace Inn the nights of the 10th, 11th, and 12th. The Wallace Inn will provide all necessary shuttles. The cost for the 3 nights in the Inn (double occupancy), shuttles, and trail passes for the Hiawatha is \$244 plus tax per person. There is a limit of 10 people. Please contact Peggy Killen at pegkillen@mac.com or (208) 484-7946.

MID-WEEK/FUTURE ACTIVITIES

TUESDAY HIKES. Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested. If you have questions, contact John and Anne Olden, 208-853-1066.

WEDNESDAY HIKES begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

OCCASIONAL THURSDAY HIKES and other miscellaneous activities will be posted on Yahoo groups. If you have questions contact Liz McWhorter, 385-0100.

THURSDAY OR FRIDAY KAYAK TRIPS are posted on Yahoo Groups. We kayak rivers with ripples to small rapids, lakes and reservoirs. Watch for email announcement from Yahoo Groups for information on current plans. Contact Winnie at <u>wesmo40@gmail.com</u> or call 208-631-4065 for more information.

GENERAL ANNOUNCEMENTS

QUESTIONS ABOUT YAHOO EMAILS. Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, cheriworsley@gmail.com.

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

MWOC ACTIVITIES: Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here – Judy Farnsworth at jfarnsw@mac.com.

AIR ST. LUKE'S MEMBERSHIP: A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: stlukesonline.org/air or 208-706-1000

VISIT THE MWOC WEBSITE: Go to www.mwocid.org and you will be redirected to the club's website (https://mountainwestoutdoorclub.wildapricot.org). You can find the calendar of events, newsletters, and other resources. If you *haven't* already visited the website and created a password, simply click on the login icon in the upper left corner, enter your email address, and click on Forgot Password. You will receive an email message with a link to create a password. Then you can view members-only webpages, including the membership directory. Questions, comments, or suggestions for enhancing the website? Please contact Laura Jenski at 208-860-9477 or laura.jenski@gmail.com.