

## MOUNTAIN WEST OUTDOOR CLUB – May 2017

### Officers and Activity Coordinators

Rod Haars, President  
 rod.haars@gmail.com, 208-860-4622  
 Butch Fox, Vice President  
 severtfox@gmail.com, 208- 884-0386  
 Bonnie Perri, Treasurer  
 BP.56@hotmail.com, 208- 994-5668

Judy Farnsworth, Newsletter  
 jfarnsw@mac.com, 208-344-7973  
 Laura Jensi, Membership  
 laura.jenski@gmail.com, 208-860-9477  
 Cheri Worsley, Yahoo Groups Coordinator  
 cheriworsley@gmail.com, 208-938-4435

If you have a question, but don't know for whom, email the Club at MWOCID@gmail.com.

### CHECK YOUR EMAILS FROM YAHOO GROUPS FOR LAST MINUTE TRIPS, CHANGES IN CURRENT TRIPS

<del>Apr 26-28, Wed-thr-Fri</del>	<del><b>CANCELED: KIRKWOOD RANCH BACKPACK.</b> This is a fairly easy, 5.2 mile/800' elevation, hike along the Snake River. It's a great opportunity to test out new ultra light techniques. Call Mary Brown for more information, 208-343-2111.</del>
Apr 27, Thu	<b>MWOC TRAIL CLEANUP.</b> Meet on the East side of the WinCo parking lot off of State and 'Ole Horseshoe Bend Hwy' at 12:40. Bring handclippers, loppers; some shovels and hoes. We will car pool to the Trailhead. To volunteer to help clean 'our trail' contact Winnie at <a href="mailto:wesmo40@gmail.com">wesmo40@gmail.com</a> or call 208-631-4065. Dress for the weather. Cookies provided!
May 1, Mon	<b>MWOC POTLUCK MEETING</b> will be at Fish and Game on Walnut at 6 pm. Bring a dish to share, your own place setting and beverage. (Please do not bring alcoholic beverages.) <i>Annette deKnijf, the Refuge Manager at Deer Flat National Wildlife Refuge, will be presenting. The refuge is one of the oldest refuges in the National Wildlife Refuge System and has an interesting history. BUT come and learn about what's NEW at the refuge – A Comprehensive Conservation Plan and A Lake Lowell Area Bicycle and Pedestrian Access Plan were just completed in March and October 2016 respectively. PLUS! The lone law enforcement officer for the refuge will also be present to address questions.</i>
May 4, Thr	<b>KAYAK SOUTH SIDE OF LAKE LOWELL...</b> We will be paddling the quieter recesses of Lake Lowell; we hope to see lots of waterfowl and other animals. Bring water, lunch, extra clothes (just in case). Meet at the first parking area off of Lakeshore Dr. at 10 am. Directions: Take 12th street (hwy 45) south to Lakeshore Dr., turn right and follow the road to the first boat ramp. This trip is weather and wind dependent. Email Winnie Morrison at <a href="mailto:wesmo40@gmail.com">wesmo40@gmail.com</a> or call 208-631-4065.
May 6, Sat	<b>ANNUAL WILDFLOWER DRIVE/WALK</b> ~ Meet at the Meridian WinCo parking lot (northwest corner) at 8:30 AM to car pool. We will drive to Jordan Valley, Oregon to start this adventure, and proceed on the Owyhee Uplands Scenic Byway to Grandview, Idaho. We will be stopping often to see what kind of wildflowers we can find, with lunch at the North Fork Crossing Campground. This will be a long day, so we'll plan on dinner at Grandview or Mountain Home. No dogs, please! Contact Alvena Kinkade at 208-658-9081.
May 15, Mon	<b>MWOC PLANNING MEETING</b> will be meeting at <b>Mazzah Mediterranean Grill at 1772 W State St.</b> Join us – the meeting starts at <b>6:30 pm.</b> Add your voice to the discussion about the ins and outs of the club; bring ideas for summer trips...
May 20, Sat	<b>JUMP CREEK FALLS &amp; HIKE</b> ~ Meet at the Meridian WinCo parking lot (northwest corner) at 9:00 AM to car pool. The falls should be pouring over the rim nicely! We'll leave the falls and hike cross-country up to the top, and along Jump Creek. This is a leisurely hike along the rim with views down into the canyon. Limit 8 people, and no dogs, please! Contact Alvena Kinkade at 208-658-9081.

Jun 2-4, Fri thr Sun	<b>COW LAKES CAR CAMP</b> ~ We'll drive to Jordan Valley, top off fuel tanks, and head on out to Cow Lakes. This trip is weather dependent! I'm hoping we can get across Cow Creek to hike on the lava flows to explore the 'potholes', lakes, and other interesting features of the flow. I have seen River Otter at Cow Lakes, but no guarantees! Limit 8 people, and no dogs, please! Contact Alvena Kinkade at 208-658-9081.
Jun 9, Fri <b>It's a FRIDAY meeting!</b>	<b>MWOC POTLUCK MEETING.</b> <i>Mark your calendar – the potluck is on a Friday!</i> The potluck will be at Fish and Game at 6 PM. Susie Osgood, the archeologist for Boise National Forest, will be our speaker.
Jul 28-29, Fri thr Sat	<b>SAWTOOTH LAKE BACKPACK...</b> Spend a delightful two days and a night in the Sawtooth Lake basin! We'll depart Iron Creek Trailhead on Friday, 9 AM, and take our time to hike the 5 miles from the trailhead to the lake – it's a 1700-foot elevation gain. We'll camp at Sawtooth Lake, explore the area and maybe do a little fishing. We'll hike out Saturday afternoon. (In case of inclement weather alternative dates for the backpack are Aug 23-24.) Limit 6 people. Call or email: Gudi Woehlbrandt, 208-850-6662 or gudrun.woehlbrandt@yahoo.com
Aug 7, Sun	<b>MWOC ANNUAL PICNIC</b> will be held at Kristin Armstrong Municipal Park at 6 PM at the covered picnic area. This event is catered and free to members; guests are welcome, cost \$10. Please bring your own beverage in a non-glass container. <b>Watch for sign-up information beginning in June.</b>  We need Volunteers to help with the following activities: <ul style="list-style-type: none"> <li>• 2 volunteers to work together to find and purchase door prizes with a budget of \$250.</li> <li>• 2 volunteers to hand out name tags at the sign-in table</li> <li>• 4-5 volunteers to help organize and set up</li> <li>• 8 volunteers: 4 will begin serving and 4 will rotate in</li> <li>• 3-4 volunteers to 'police the area' after the picnic is over</li> <li>• 1 volunteer to pick up the cookies and other supplies the day of the picnic</li> </ul> <p><i>One more volunteer is needed:</i> Someone to “learn the ropes” for coordinating the picnic. Winnie Morrison’s determined to retire this year. She’s been coordinating the picnic since 2007. The job’s not hard – thanks to volunteers and the use of technology; the job requires just a few hours beginning in June through August.</p>
Aug 20-24, Sun thr Thr	<b>See the Solar Eclipse from Granite Mountain Lookout!</b> Gary and Pat Dailey are hosting a 3 to 4-day group campout at Hard Rock Campground (on the right just before the Hard Creek Guard Station, approximately 19 miles up Brundage Road past McCall). The plan is to carpool <i>EARLY</i> Monday morning to Granite Mountain to see the eclipse. Other days they've planned hikes into the high mountain lakes in the area. RSVP Gary Dailey at 208 272-0639 or email him at dailey@ymail.com.
Aug 21, Mon	<b>Mark the date on your calendar!</b> The total solar eclipse begins around 10:10 AM and reaches totality around 11:26 AM... If you are staying in town and like to paddle, join Marge on a paddle from Montour to Black Canyon for a unique view of the eclipse. She will provide eclipse-viewing glasses to enhance the viewing experience. More details to follow as the eclipse nears. Marge Lane, 208-887-6888 or margie.lane15@gmail.com.

## MID-WEEK/FUTURE ACTIVITIES

**TUESDAY HIKES.** Watch for a Yahoo Groups announcement each week for location and time. Hikes are of moderate difficulty, 3 to 5 miles, lasting approximately two hours. Lunch after the hike for those interested. If you have questions, contact John and Anne Olden, 208-853-1066.

**WEDNESDAY HIKES** begin at 10 AM winter, earlier in the summer. Hikes are fast-paced, of challenging difficulty, 5 or more miles and lasting 3 or more hours, depending on trail and weather conditions. Challenging difficulty means that you'll need to be in good hiking condition because of significant elevation gain and/or increased mileage. Watch for the weekly Yahoo Groups announcement for meeting place and hike description. If you have questions, contact Scott Stolhand, 208-891-2214.

**OCCASIONAL THURSDAY HIKES** and other miscellaneous activities will be posted on Yahoo groups. If you have questions contact Liz McWhorter, 385-0100.

## GENERAL ANNOUNCEMENTS

**QUESTIONS ABOUT YAHOO EMAILS.** Local mid-week activities (hikes, paddles, bike-rides, etc.) are sent out through Yahoo Groups. If you have questions about receiving Yahoo e-mails (the subject line includes "Mountain West") please contact Cheri Worsley, [cheriworsley@gmail.com](mailto:cheriworsley@gmail.com).

Group emailing is not to be used to advocate for any political issue, whether national or local. Messages that provide only factual information, such as the time and place of a meeting, on an issue of likely interest to members are welcome.

**MWOC ACTIVITIES:** Planning a MWOC excursion? Or thinking of an excursion where you would like to invite like-minded souls? Send me the particulars and I'll publish it here – Judy Farnsworth at [jfarnsw@mac.com](mailto:jfarnsw@mac.com).

**AIR ST. LUKE'S MEMBERSHIP:** A reduced Air St. Luke's yearly membership rate is available to MWOC members on request. Contact information: [stlukesonline.org/air](http://stlukesonline.org/air) or 208-706-1000

**VISIT THE MWOC WEBSITE:** Go to [www.mwocid.org](http://www.mwocid.org) and you will be redirected to the club's website (<https://mountainwestoutdoorclub.wildapricot.org>). You can find the calendar of events, newsletters, and other resources. If you *haven't* already visited the website and created a password, simply click on the login icon in the upper left corner, enter your email address, and click on Forgot Password. You will receive an email message with a link to create a password. Then you can view members-only webpages, including the membership directory. Questions, comments, or suggestions for enhancing the website? Please contact Laura Jenski at 208-860-9477 or [laura.jenski@gmail.com](mailto:laura.jenski@gmail.com).